

nsidePNAA

Official Newsletter of the Philippine Nurses Association of America, Inc.

May we remain united

Central California PNACC

Indiana PNAIN Northern California PNANC

Northwest Indiana PNA-NWIN San Diego PNASD

Greater Kansas City PNAGKC Oregon/Washington PNAORWA

Illinois PNAI Wisconsin PNAWI Michigan PNAM Colorado PNACO

Cincinnati-Northern Kentucky PNA Cin-NKY Southern California PNASC

Greater St. Louis PNAGSL New Mexico PNANM Hawaii PNAH Arizona PNAAZ

Central Ohio PNACOh Minnesota PNAMN **Greater Sacramento Area PNAGSAC**

NORTH CENTRAL Region Ohio PNAO

WESTERN Region



EASTERN Region

SOUTH CENTRAL Region

New Hampshire PNANH Tampa Bay PNATAMPA Miami and South East Florida PNAMSEF

New Jersey PNANJ Metro Washington DC PNAMDC **Texas-Cameron County PNATCC** South Carolina PNASC New York PNANY Houston Texas Golden Triangle PNAHGTC

Richmond Virginia PNARVA South Texas / Rio Grande Valley PNAST RGV

Maryland PNAMC **Gulf Coast Florida PNAGCF** Northeast Florida PNANEF

San Antonio PNASA New England PNANE

Central Florida PNACE

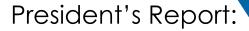
North Carolina PNANC Tennessee PNATN Central Texas PNACT

Pennsylvania PNAPA

Metro Houston PNAMH

Connecticut PNACT North Houston PNANH
Virginia PNAVA North Texas PNANT
Georgia PNAGA

OF excellence and devotion to



The First 150 Days in Office



Another year and another round of whole new changes will come up but what we need not changed is the formula of hard work, patience and dedication. We should all feel proud of the following great strides that PNAA has so far accomplished since we started this exciting journey 150 days ago. Nevertheless, we still have more work to do as we continue to realize the fruition of all the goals that we set forth. Let us all continue to innovate and be inspired by each other's commitment as we start this New Year.

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Dino Doliente III PNAA President

The First 50 Days

Service

- Launched the new, redesigned PNAA website and established the new Online Membership Registration System
- Released 4 exciting editions of Inside PNAA Newsletter and issued 1 Position Statement on the Philippines' War on Drugs
- Started to explore the feasibility of establishing an Online CEU program for members and a possible collaboration with ANCC's National Certification Partnership (Success Pays Program)
- Provided numerous engaging and innovative Education Seminars through the different local chapters of PNAA

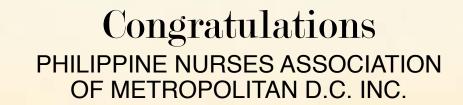
People

- Continued advocacy and guidance to 4 current cases concerning newly-recruited nurses from the Philippines accused of breach of contract by an employer and 1 case of an RN regarding an alleged child abuse at a hospital in Chicago, IL
- Hosted with the Philippine Embassy a tribute to 4 well-accomplished Filipino-American RNs who got accepted to the FAAN Class of 2016
- Reinitiated the search of this year's recipients of the following PNAA Programs/Initiatives: Leadership Fellows Program, Scholarship Program, Nursing Excellence Awards
- PNAA Executive Board was represented and visited 22 local chapters' local events and programs: Inductions, Education Seminars, Community Outreach, Town Hall Meetings

Quality The First Planning has commenced and 50 Days ongoing for the most anticipated 2017 conferences: The NCR Conference (PNA Cincinnati/ Northern Kentucky), The National Cruise Convention (PNA Central Florida), and The ER Conference (PNA Maryland) PNA Metropolitan DC has received the much-coveted 2016 Presidential Banaag Service Award in Malacanang, Philippines Shared the pride of countless Professional and Service Recognition received by many PNAA members all across the nation Started to explore the feasibility of publishing "The PNAA Book" providing an official historical glimpse of the birth and journey of PNAA to include the many achievements and accomplishments it has earned Created the Policy Advocacy Committee (PAC) to allow PNAA leaders and members join with peers to help support PNAA's policy agenda Re-stablished the PNAA Office of International Affairs to coordinate. enhance, and develop PNAA's international programs and events Amendments to PNAA Bylaws and Policies & Procedures are currently being reviewed to better address the needs of the members Growth Inducted PNA Tennessee Chapter, created PNA New Mexico Chapter, and re-established the PNA Sacramento Chapter Started the process of exploring other new potential Chapters/Subchapters in Alabama, Pennsylvania, Guam, and Canada Allocated financial incentives for membership recruitment/retention with the aim of increasing member engagement Strengthened the presence of PNAA and its activities on Social Media Networks: Facebook, Twitter, and Instagram Initiated planning for 2018 Philippine Nursing Global Summit and International Nursing Conference with co-convenors, Commission on Filipinos Overseas, PNA, Inc., ADPCN. Continued to collaborate with PNAAF in establishing the long-time dream to erect the PNAA/PNAAF Legacy Building PNAA Executive Board and

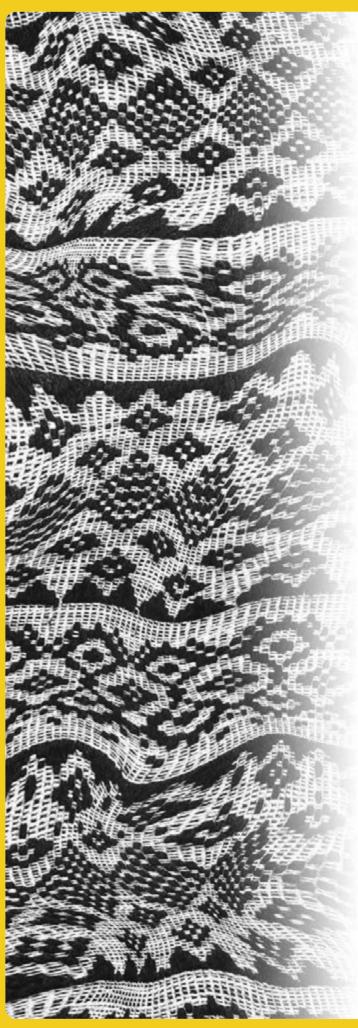
Committee Chairs continue to work on programs and initiatives that will further benefit the members

The First 50 Days Finance Launched the Corporate Sponsorship initiative and obtained the following PNAA Corporate Sponsors to date: Genesis HealthCare. Inc., University of Hawaii at Manoa and Walden University Established the first Regional Budget allocating funding for the regions and local chapters' programs and initiatives Some innovative strategies are currently being explored to help generate funds both for PNAA and for the local chapters Community Partnered with the Philippine Embassy in bringing Consular Services to the Filipino community in Orlando, Florida Continued to flourish and reinvent the Filipino Cancer Network of America (FCNA) program in Houston, Texas and other areas Signatory as Philippine Humanitarian Coalition (PHC) Affiliate in the letter to President Rodrigo Duterte for the Philippines to ratify the Paris Agreement on Climate Change Represented during swearing-in of new US Ambassador to the Philippines H.E. Sung Y. Kim at the State Department Joined a symposium hosted by US-Philippines Society, in partnership with the Johns Hopkins University School for Advanced International Studies, "Philippines 2016: Confronting the Philippine Drug Problem" . Presenters included Philippine Secretary of Health. Dr. P. Ubial, Phil Dangerous Drug Board, Drs. Garcia and Estacio and international experts. Joined the California Association of NP Lobby Day in support of the Senate Bill 323 - "Full Practice Authority" Legislation for NPs. Provided numerous community outreach programs and services through the different local chapters of PNAA insidePNAA | January 2017 | Page 05



Banaag Presidential Award
PNAA is proud of you!

The Presidential Awards for Filipino Individuals and Organizations Overseas is a biennial awards system intended to give recognition to Filipinos and other individuals or organizations that contribute to Philippine development and progress, or promote the interests of overseas Filipino communities. The awards are also given to Filipinos overseas who have distinguished themselves in their profession and have brought honor to the Filipino people.



Banaag

The Banaag Award is conferred on Filipino individuals or associations for their contributions which have significantly benefited a sector or advanced the cause of overseas Filipino communities.

AWARDEES

Marilou S. Chin

Fidel M. Escurel Qatar

Kapit-bahayan Co-operative Ltd. Australia

> Rodrigo B. Maristela Germany

Philippine Society of Mechanical Engineers

- Central Region, Saudi Arabia

Saudi Arabia

Philippine Nurses Association of Metropolitan D.C., Inc. United States of America



PHILIPPINE NURSES ASSOCIATION OF METROPOLITAN D.C. INC.

United States of America

It is an honor for a country as small as the Philippines to be named an empire of care mainly because of its immense Filipino nurse labor force that is practically present in all of the world's continents. In the US, and elsewhere in the globe, Filipino nurses are highly prized because they can speak English fluently, are trained in state of the art and modern medicine, and enjoy a reputation for their tender loving care, treating patients as if they are real family members.

But it wasn't always an easy road for Filipino nurses, especially when theyfirst migrated to countries like the US. Being foreign graduates, they need to pass stringent nursing licensure examinations before they could practice their profession.

In 1971, a small group of Filipino nurses led by Ms. Tess Sanchez Cauterrucci formed the Philippine Nurses Association of Metropolitan DC. (PNAMDC), primarily to assist newly arrived Filipino nurses in their area and help them pass the examinations. The association developed a board review curriculum and hired credential reviewers in preparation for the state board examinations. Upon receiving approval of the curriculum from the Nursing Boards of the District of Columbia, Maryland, Florida and Virginia, PNAMDC started to offer review classes to all foreign graduate nurses in preparation for the state boards for a minimum fee of \$5 per subject. It became instrumental in the review courses which most of the time boasts of a hundred percent passing rate in the board examinations.

After more than four decades, PNAMDC which is now part of the Philippine Nurses Association of America, still continues to thrive based on its commitments and fellowship, and under the present leadership of Ms. Lorna Imperial Seidel. PNAMDC's milestones and accomplishments as an association is enriched by the dedication of its past and present officers who maintain its mission to uphold the positive image and welfare of its constituent members, promote professional excellence and contribute to significant outcomes to healthcare and society.

In 2001, PNAMDC was instrumental in the elimination of the Commission on Graduates of Foreign Nursing Schools (CGFNS) examination for licensed practicing Filipino nurses from other states seeking endorsement to practice in the District of Columbia. In 1995, PNAMDC collaborated with the PNAA in seeking legislation in the extension of H-1A visas to foreign educated nurses. As a result of this concerted lobbying efforts, a bill was passed averting the mass layoff of nurses mostly employed in long-term care facilities. The association also provides a comprehensive orientation program on integration in the US and assistance to job placements for the newly arrived nurses. It also launched a wellness initiative for the members, which includes dance exercise and fun run.

PNAMDC further extended their scope of involvement in civic engagement by holding conferences and trainings to improve the nurses' skills and professional excellence, inter-agency collaboration, and conduct of civic activities and humanitarian missions for the less privileged Filipinos in the US and the Philippines. The organization also initiated a health-screening program serving the local community of Washington, DC. It provides free health screening, first aid service and flu shot vaccinations to low income senior citizens. It also organizes health fairs, in partnership with other organizations.

As of 2015, PNAMDC has conducted a total of 13 medical, surgical and dental missions to the Philippines, which provided free healthcare services and medication to more than 50,000 indigent patients. These missions were conducted in underserved areas in Zambales, Ilocos Sur, Leyte, Cebu, and Misamis Oriental. The association also provided relief goods for the victims of Super Typhoon Haiyan. Remarkably, with the grant it received from the Philippine Humanitarian Coalition Supporting Orphans for the Prevention of Human Trafficking, PNAMDC was able to adopt and assist in the education of four children who became orphans in the aftermath of the typhoon.

In 2015, PNAMDC embarked on its new global educational outreach program in collaboration with Liceo de Cagayan University in Cagayan De Oro City for the academic development and clinical practice of their nursing students.

PNAMDC has come a long way and has evolved in terms of providing services which was recognized thru the awards they have received – 2009 Global Geny Lopez Jr. Bayaning Pilipino Award and 2014 PNAA Transformation Award.

In conferring the Banaag Award to the Philippine Nurses Association of Metropolitan D.C. Inc., the President recognizes its exemplary services in helping Filipino nurses be integrated in Metropolitan D.C., and philanthropic spirit in helping thousands of underprivileged individuals and families in the United States of America and the Philippines.

2016 Presidential Swards for Individual and Organizations Overseas Swarding Ceremony 19 December 2016 | Malacañang Palace













Photo credit: Gawad ng Pangulo face book page



PNAAF on Board!

by Aniceta Vista, PhD, RN

For our maiden article in inside PNAA, we are very pleased to introduce our 2016-2018 PNAAF Executive Board.

The PNAAF launched a survey regarding the PNAA-PNAAF Legacy Building Campaign in early 2016 and the Monkey Survey is still in progress at the PNAA and PNAAF websites to give the opportunity for those who have not participated to give their responses and opinions. We highly value everyone's contribution to this monumental project that will benefit all PNAA members. There is an overwhelming support from the members to acquire a building. The leading response for location is the Washington DC/Baltimore areas. Respondents also requested updates on the Building Campaign and 2017 is the year for its intensive capital fund drive to

reach the goal of \$500,000.00. We invite all members for a chance in a lifetime to be recognized and be very proud to be a part of the one and only PNAA Building. The Legacy Building Campaign is open to All and Donors names will be prominently displayed in the Building. Please anticipate in your mailbox a Solicitation packet for you and we ask for your generosity!

After almost two years of preparation, the PNAAF, in partnership with Bicol University will hold its 4th International Collaborative Conference on January 19-20, 2017 at Hotel Venezia, Legazpi City, Albay, Philippines. The theme is: Exploring the Innovations in Nursing Education, Practice, Management, and Research. Featured great speakers from US include our own PNAA President, Dino Doliente; Dr. Jasper Tolarba, keynote speaker; Dr. Rose Estrada; Arthur Cantus; and Dr. Maria Danet Bluhm. The Chairperson

is Luz Newell and Co-Chair is Dr. Bluhm. Invited guest speakers who have yet to confirm are First Lady Honeylet Avancena and Vice-President Leni Robredo.

Some Members of the Executive Board are also preparing for their Annual Medical Missions in the Philippines. The venues include Tacloban City, Leyte and Vigan City, Ilocos Sur.



NAAF EXECUTIVE BOARS



"MAG EXERCISE TAYO"









Just for Fun By PNAAF

On Thursday, July 21, 2016, The Philippine Nurses Association of America (PNAA), held a wonderfully entertaining event, Networking Night. The night displayed the many talents of PNAA members. The purpose of this night was not only just to entertain the audience but to have fun, meet new and catch-up with old friends.

Networking Night showcased the creativity of the PNAAF and PNAA Chapters. PNAAF's contribution to the event was a comedic number using the music of Yoyoy Villame's "Mag Exercise Tayo". The performance recalls elementary school exercise time of our youth. It produced a rousing amount of laughter and enjoyment from the crowd.

Shine PNAAF Shine!

Noli Me Tangere

By PNAAF

Noli me tangere is the Latin version of a phrase spoken, according to John 20:17, by Jesus to Mary Magdalene when she recognized him after his resurrection. A loose translation into English would be "don't tread on me" or "don't touch me." In more than a century since its appearance, José Rizal's Noli Me Tangere has become widely known as the great novel of the Philippines. A passionate love story set against the ugly political backdrop of repression, torture, and murder, "The Noli," as it is called in the Philippines, was the first major artistic manifestation of Asian resistance to European colonialism, and Rizal became a guiding conscience—and martyr—for the revolution that would subsequently rise up in the Spanish province.





"Le Opera Noli Me Tangere" National Tour was launched in Richmond, VA this year. Under the partnership of The Mid-Atlantic Foundation for Asian Artists, Inc. (MAFFAA) and KGB Production, the opera consisted of an international cast and one of Asian's most renowned classical composers, Felipe de Leon. MAFFAA and KGB Productions have chosen to launch its new operation at the newly renovated Retro Henrico Theatre, in Henrico Virginia.

Merlita A. Velasquez, RN, BSN, current PNAAF President was one of the sponsors with the purpose of donating to the PNAAF/PNAA Legacy Building Campaign. The campaign is ongoing to make the realization of the organization's dream of a Philippine Nurses Center.

Photo credits: Rey & Carol Robles





PNACF

Philippine Nurses Association of Central Florida

PNACF Outreach Project

By Alicia Tullo, MSN, RN

will shop, cook and feed the children.

while the schoolteachers and students maintain a vegetable garden in the school grounds. At this site visit, the children are performing well and all conditions are being met. The Community Extension Service of San Pedro College coordinates these efforts, monitors, conducts regular visits, and maintains records and reports.

For their contribution, PNA-CF was awarded with a certificate of appreciation from the school principal, Mr. Elmer del Rosario. One of our advisory council women, Alicia Tullo, MSN, RN accepted the award.

The medical mission at this site was attended by close to 1000 adults and children from the community. Volunteer nurses conducted initial assessments of patients with vital signs, height and weight and completed intake forms and well as transcribed physician's orders. Nine volunteer physicians did physical examinations, diagnosed and wrote prescriptions, and volunteer pharmacists dispensed drugs and supplements and explained directions. One volunteer dentist examined and treated 300 children. All drugs and supplements were given to patients for free.

A second site for the medical mission was at the

In October 3-7, 2016, PNA-Central Florida conducted a site visit and medical mission at the Biao Gianga Elementary School, for indigenous children and a second medical mission at Baranggay Calinan in

BIAO GU!ANGA ELEM. SCHOOL

school has been the recipient of

Davao Province. The

PNA-CF's funding for a nutrition program for the last three years in partnership with Rotary Club of Pikesville and the San Pedro College 1972 Alumni. Studies have shown that children tend to remain in school when they are fed. Conditioned in this agreement is that the mothers



Baranggay Calinan located at the foot of Mt. Apo, the tallest mountain range in Mindanao. This was attended by close to 2000 indigenous people who received similar care from volunteer nurses, physicians, dentist and pharmacists.



EDAN U50 COLOR ULTRASOUN IMAGING SYSTEM

It is also during this medical mission that PNA-CF was able to deliver a portable ultrasound machine and two probes because of a generous benefactor. The ultrasound machine will be used for abdominal, vascular, obstetrical and gynecological applications during the medical missions. When not being used for a medical mission, it will be used by the college for instructional purposes.

PNA-Central Florida continues to support these missions that are conducted every two years. Anyone from the PNA community is invited to participate in these missions. It is well - organized and coordinated and certainly a very rewarding experience for anyone who volunteers. Because it is well-coordinated, we are able to witness the outcomes and receive reports on our projects. Fundraising activities is a continuous effort by the members of the PNA-CF so as to be able to provide assistance to those less fortunate. This year's successful nutrition project and medical missions are both testaments to the dedication, effort and compassion by the PNA-Central Florida members and supporters. The next mission is scheduled for 2018. Contact PNA-CF for any interest.



PNAA Chapter NEWS

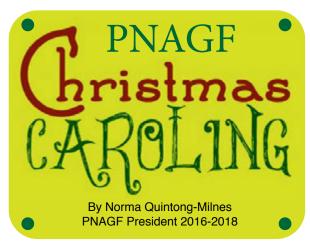


PNAGF

Philippine Nurses Association Gulf Coast Florida

Oh what FUN it was!
.....dashing through four
different Assisted Living Facilities
in Pinellas County. PNAGF
carolers embarked on a double
mission: to share and to spread
the joyful spirit of Christmas to
the residents of area's Assisted
Living Facilities and hopefully
raise funds through the generous
donations of the facility's owners.
They put on their cheerful
Christmas garbs and contagious
cheerful spirit...and off they went

singing JINGLE BELLS all the way! The PNAGF carolers were prepared to give good tidings and joy.



experience. He led, inspired, and encouraged the carolers through it all. Don is a great gift to all: the ALF residents and owners, PNAGF/PNAGF carolers, and the community. A good and exciting note: Don won the championship of the Global Pinoy competition held in Carson, California. He will be representing the USA at the international competition in

force in this unforgettable

Manila, Philippines on February 3, 2017. Way to go Don. PNAGF wishes you the best of luck.

The Filipino generosity ...the care...the love...the joy in giving was also transparent during this Christmas caroling. PNAGF is grateful to all the Assisted Living Facility owners who opened their doors to share Christmas cheers and give generous donations.

To the PNAGF carolers who found time to share the joy of Christmas in spite of a busy schedule...your service is invaluable to the community and the greater society. Thank you. Wishing you all a prosperous new year, 2017.



In each of the facilities they visited, the residents were seated and ready to listen. Oh, what a surprise... when they started to sing-along and clapped with the music. Some even stood up and started to dance. Their faces showed joy and glee even for that short period of time.

The carolers left each facility feeling wonderful that even for a very short moment they were able to put a smile on resident's faces and happily remember Christmas. This is the reward the PNAGF carolers received. They did not expect anything in return but what they got back was priceless! Oh, what a surprise! This is not to mention the camaraderie enjoyed within the group.

Don Bronto, a champion balladeer, was the driving



Philippine Nurses Association Greater Sacramento Area

PNAGSAC Welcomes New Officers and Members!

Joel Mallari, PNAGSAC Vice-President

The PNA Greater Sacramento Area (GSAC) Chapter welcomes the election of new set of energetic and committed officers who will lead the team GSAC for the next two years (2017-2018)! The election was held last November 8, 2016 in Elk Grove, CA. Induction ceremonies of the elected officers will be held on January 7, 2017 in Elk Grove, CA.

PNAGSAC chapter is delighted to see the membership growing with renewed efforts to recruit more members. To date, we have significantly increased the number of members from zero close to 50 in just few months! Strong work team GSAC!





PNAGSAC participates in Community Education Outreach

Acute Stroke remains as one of the major cause of mortality in the U.S. Among ethnic minorities, Asian Americans were found to be less likely aware about hypertension and hypercholesterolemia, which are key risk factors for adverse cardiovascular events and stroke. This may imply that there is a need for community-based programs and education to reach out to this population, including Filipino Americans, to close the health disparity gap.

As part of PNA GSAC community outreach, the chapter collaborated with University of California Davis Health System and the Sacramento Chinese Culture Foundation (SCCF) in promoting awareness about the importance of blood pressure screening and stroke prevention. GSAC team facilitated the stroke awareness and education booth at the First SCCF Health Fair held in

Elk Grove, CA last December 4, 2016. The whole day event was well attended by the Chinese American community from the Greater Sacramento Area. Our team from PNA-GSAC provided free blood pressure screening, counseling related to BP management, distributed educational materials, and one of one education about the early warning signs of stroke using the F.A.S.T mnemonic. The organizers of the event were very grateful for our participation, and they expressed interest in working with us again in their future health fairs.

Community outreach is an integral part of our mission as a professional organization. We are grateful that our team members were very supportive and committed to be part of this program. We learned from this experience about the importance of building partnerships and embracing collaboration with other

organizations to promote common goals for our communities. Aside from being able to serve, we gained experiences that are valuable as we continue to grow our programs, extend our network, and build our relationship with the community. Kudos to new officers and members for a great start!









PNASD/PNASRC

Philippine Nurses Association of San Diego County Philippine Nurses Association of South Riverside County

PNASD and PNASRC Family Christmas Brunch Celebration

Vivian Sanderlin, PNASD President



Philippine Nurses Association of San Diego County (PNASD) and Philippine Nurses Association of South Riverside County (PNASRC) Family Holiday Celebration Brunch was held on December 18, 2016 at Admiral Baker Field Clubhouse in San Diego, California. A hundred twenty three guests attended with some members joined by their families. The program was emceed by Ms. Lipin Reyes and PNASRC President, Gigi

Narisma. Introductions to the program were done by Chair of the event, Ms. Tessie Porciuncula followed by a welcome address by PNASD President,

Berbano.

The guests enjoyed the sumptuous brunch prepared by the Club. Gifts were exchanged, Christmas Carol group singing with guitar and accordion accompaniments were enjoyed. Everyone had a great time at the party and a few nurses were recruited to become new members and some renewed their membership. There were many pictures taken, networking, gift giving and camaraderie by all.





PNAH

Philippine Nurses Association - Hawaii

PNA Hawaii Christmas Celebration and Fundraising

Emilyn Ramones

PNA Hawaii had a Christmas celebration on Sunday, December 11, 2016 at the Fish House at Four Season at Ko'olina. Lou, the games coordinator involved everyone to participate. There were treasure hunts, kid games, singing of the 12 days of Christmas Hawaiian style and caroling led by PNAH President, Ramon Sumicbay. The Christmas event was also a caroling fund raising. All attendees had a great time!







PNAH

Philippine Nurses Association Hawaii

PNA Hawaii participated in the Celebration of Life and Cancer Awareness

By: Lourdes Vergara Marcelo, RN

On November 6, 2016, Philippine Nurses Association of Hawaii (PNAH) officers, members, and guests amidst a blue and cloudless skies participated in the "Celebration of Life and Cancer Awareness" at the Paradise Island of Oahu at the Ala Puumalu Community Park to honor the members and families of PNAH and its community who have survived (and still fighting) cancer. Cancer survivors shared their journeys in fighting the disease. They stated that they attributed faith, family, and medical breakthrough in winning against Cancer, the big C disease. An active Major of the United States Army, an Engineer from Korea shared his personal experiences from the time that he was diagnosed with Prostate Cancer, Stage 3 on July 3, 2016 until the present time, his experiences in going for surgery and chemotherapy. His encounters brought tears to the eyes of the attendees, as he emphasized the importance of family support, the military community, and his faith in battling his cancer.

On the other hand, Ms. T. shared that her motivation played a major role in getting better and in fighting the disease. Her love for her three young sons was her inspiration to be strong and hopeful for the best. While Ms. M. a registered nurse, explained that she experienced Elizabeth Kubbler Ross emotions of Denial – "no, this is the result of the biopsy is not true; Angry – "finding the best doctor who can cure her cancer; "and then Peace – "new perspective in life." Ms. G shared to the group that she was able to cope with her illness with songs and music. She sang Mariah Carey's song, "Hero" – that if we looked inside us and be strong, that hero lies in us.

At the end of the event, prayers, blessings and lighting candles were offered to those that have passed away due to cancer. Celebration also included Hula dancing performed by PNAH talented members and friends. Life is precious, support each other, and lift up our sisters and brothers.





PNAMC

Philippine Nurses Association Maryland Chapter

PNAMC Celebrates Annual Holiday Party and Induction of Officers

By Love Flores-Eugenio, PNAMC Immediate Past President

It was a beautiful Sunday for the PNAMC Family. It was not only a time to be together during the holiday season and enjoying each other's company, but also to induct the new set of officers for the next 2 year term. Our beloved PNAA President Dino Doliente III was there to induct the new PNAMC President Emmelene Fernandez and her board. One of our esteemed guest was Mary Joy Garcia-Dia, PNAA Eastern Regional VP, who delivered her PNAA welcome to the new officers.

The PNAMC celebration will not be complete without giving due recognition to the outgoing officers. Love Flores-Eugenio handed out the service recognition certificates to her hardworking EB. She thanked them for their service to the organization and for their support to her term as President. After the induction, Emmelene,

delivered her inaugural speech which was very touching and moving because she also told the story of when she was just starting out here in America as a nurse. The party was also extra special because of the presence of the PNAMC past presidents namely, Vicky Navarro, Fe Nieves-Khouw, Dina Krenzischek, Dino Doliente and Virginia Alinsao. The occasion was also graced by previous PNAMC Executive Board members like Fely Tanseco, Hermi Nudo, Lenny Icaya, Janet Brigoli, and Ruth Fernando. The night will not be complete without the line dancing, but before that, the PNAMC Chorale group had a rendition of Christmas songs medley and the PNAMC Dance troupe showed their dancing moves to the tune of Megan Trainor's "Me Too."





PNAMDC

Philippine Nurses Association of Metro DC

Gift Giving, the PNAMDC Way

PNAMDC Pres-Elect 2015-2017

Christmas is the season for gift giving- sharing the joy and spirit of the season especially to those who are alone, the elderly, shut-ins and the lonely.

It is a celebration of love and peace. These are the greatest gift that one can receive. The joy of being remembered and appreciated. were apparent in the faces of the special guests last Sunday afternoon. PNAMDC, Inc. joined the Christmas celebration hosted by the Zambalenos, USA for the residents of the Mrs. Philippines Home for Senior Citizens. This housing has 73 units under Section 8 intended for low income,

This Christmas party and celebration is an annual elderly persons. treat for the residents. There were foods and gifts for everyone. The residents were the special guests and were also treated with a multicultural dances and songs specially relating to the diversity of the residents of the home. PNAMDC, Inc. was privileged to be invited to this event by giving gifts to all the residents of the home. Simple gifts coming from our hearts and spreading the spirit and faith, hope, joy, peace, reconciliation and good will.

Photo credits: Rey & Carol Robles





PNAMDC

Philippine Nurses Association Metropolitan DC

PNAMDC: An Attitude of Gratitude!

By Lorna Imperial Seidel PHD RN PNAMDC President 2014-2017 PNAA COPRR E.R. 2016-2017 PNAAF B.O.T. 2014-2018



Philippine Nurses Association of Metropolitan D.C. hosted a dinner dance fundraising for the upcoming medical mission to Agusan & Surigao del Norte scheduled January 30 - February 4, 2017. The venue hospital is Caraga Regional Hospital.

Mrs. Alice Andam delivering Welcoming Remarks

This particular medical mission was requested four years ago by the recently appointed Secretary of Health, Dr. Paulyn Jean Ubial. Dr. Ubial requested PNAMDC thru Mrs. Alice Andam, Chair of PNAMDC Medical Mission Committee to render this humanitarian services to the province of Surigao which is an under serve area for health care services.

To date PNAMDC have done 14 medical missions covering 6 provinces in Luzon and Visayas Region and 2 provinces in Mindanao. Statistically speaking, PNAMDC had served 58,253 patients, costing \$196, 360.70 and that comes to cost per patient of \$3.37.

PNANJ joined in to support this worthy cause

The 2017 PNAMDC medical mission in Surigao is the number 15 mission thru the continues leadership of Mrs. Alice Andam - her legacy as PNAMDC President for 10

years (2001-2011). Although this 2017 medical mission is her final frontier due to aging process as she stated "although her spirit is willing but her physique is not".

There is not enough words to say thank you to all PNAMDC's patrons, sponsors, friends, families, especially to the PNAMDC members ,executive boards, the core group of volunteers PNAMDC cordially extends their attitude with gratitude to all. Volunteering to this kind of services either monetary or physically requires, compassion, kindness, perseverance and magnanimity to serve the under privileged KABABAYANS.

Neighboring chapter PNAMC are well represented

All through the years of PNAMDC's humanitarian services under the humility and ardent leadership of Alice and Precious Andam, the outcome is PNAMDC being recognized as a recipient of the BANAAG AWARD, 2016 Presidential Award for Filipino Individual and Organization Overseas. PNAMDC representatives Alice and Precious Andam, Lorna Imperial Seidel, Vic De la Pena, Dr. Felipe and Nita Dimayuga are scheduled to receive this prestigious award from President Rodrigo Duterte on December 19, 2016 at the Malacañan Palace.

Photo Credits Rey & Carol Robles

Philippine Nurses Association North Houston

If the Sum of WEs is greater than Is, it is Collaboration

Lourdes Rosario De Leon, Bsn, RN, CVRNII-BC Chairman of Education of PNA of North Houston



June 2011 inception of PNA of Metro North 49th Chapter

PNA of North Houston (PNANH) held its annual fall conference this past November at Houston Methodist West Hospital in Katy, Texas titled, "Millennial Nursing: Collaborative Nursing Practice". What could be more fitting for a title as such, in celebrating our successful 5th annual fall conference. Education and collaboration is the fuel for the growth and success of PNANH seminars and *bimonthly* inservices since its inception of the Education Committee in 2011. This was the year that PNANH under the former name of PNA of Metropolitan Houston North chapter was born as authored by our former mother PNA of Metropolitan Houston past president, and a recent retiree from St. Luke's Hospital @ the Woodlands, TX Carl Silva, BSN, CCRN.

Historically, there were so many contributing factors that

led us into our 5th year of fall conference. During the brainstorming days of Education Committee (with the first President of PNANH, Eillen Luster, BSN, CCRN and Manager of Telemetry of Ben Taub Hospital), our very first educational conference was decided to be held on Sept 29th of 2012. Since then, the conferences were held annually in the fall. Quoting O. Holmes, "many ideas grow better when



First Fall Conference Sept.29, 2012 "Multidisciplinary Collaborative Cardiovascular Care" Education Committee with EB Planning

transplanted into another mind than the one where they sprang up." During its infancy stage of the PNANH, the former 5-year term Chairman of Education Committee and now the President of PNA of Metropolitan Houston, Rosnela Hardesty was one of the behind the scenes key

personal advisers, such as suggesting a separate planning committee for the conference. During the 3-year term of the 2nd President, Cristina Dimafiles, the planning committee was formally formed and expanded. With their servant hearts, the PNANH members of the Memorial Hermann of Katy Texas assisted annually as part of the planning committee. Much of the success of PNANH 2013-2016 Education Committee's planning of seminars and inservices were also due to a motivational climate created by the Executive Board and ambassadors in





executing their assigned tasks with commitment and excellence. 2013-2016 Co-chairperson, Tessa Osmena of Houston Methodist Willowbrook Hospital documentation specialist, is a self-starter, action oriented who played an important role in initiating and designing brochures for annual fall conferences and doing the daunting tasks of badge making for EBs and attendees year after year. Her tasks complemented the role of the chairperson. Advisers such as past Presidents of PNA of Metro Houston Cleo Robinett and Jaime Puspos, were a vital part of our ad hoc meetings. Jaime Puspos became the mainstay adviser for the committee who diligently supported and assisted in the facilitation of ad hoc meetings.

Our fall conferences we have had were on Leadership in 2013, Illuminating Nursing Practices based on Research in 2014 and Journey to Excellence in 2015. Our contact 1 hour inservices went from monthly to *bimonthly* starting this year to give more time to the committee for their personal family involvement. Other than the collaborative effort and commitment of PNANH Executive Board and members, the success of the conferences were based on the star power of speakers, their focus on the theme of the conference, and the quality of its contents, venue that is conducive to learning and networking, variety of desserts to augment the healthy boxed lunches delis and creative facilitation by moderators. Annually, more than 100 sign up for the conferences. Added to the 49th chapter PNANH's accomplishment was the partnership with a magnet designated hospital to provide 21st century educational opportunities in the northwest region of Houston, TX. PNANH's partnership with Houston Methodist Willowbrook Hospital was one of the write ups submitted in applying for the hospital's magnet designation.

This year in an effort to map the organization to the

northwest community, PNANH had a service academic partnership with Houston Methodist West Hospital who is currently applying for its magnet designation. Under the leadership of the 3rd President, Jenny Lano, favorable outcomes from each individual committee are very visible. Much of this is credited to a leader who is transparent about her vision for each committee. Her confidence in each of the committees' skills and talents paved way to very structured different event planning in the last 6 months. From 2-3 vendors, Jennilyn has obtained 8 sponsors for the conference, which is a

great example of being scrupulous in using financial resources. "No one can whistle a symphony. It takes an orchestra to play it." Co-Chair of Education Committee Emilyn Gonzalez, a Rapid Response Charge Nurse from Memorial Hermann Hospital of Katy, TX has orchestrated the planning committee from Memorial Hermann Katy Hospital since the early stages of the organization and to its 5th year anniversary. Her role from being a committed "side kick" to expert conference moderator and brochure making complements also chair's responsibilities. Added to the above factors of a great conference was the glitz for this year such as the presentation of breakfast, and desserts, well decorated fall theme event,



silent auctions, and variety of exceptional sponsors. Obtaining star-studded speakers and assessing their contents of their topics, applying for CNEs, and obtaining a venue with positive ambience are nil without meaningful collaboration and commitment of executing tasks. This year, I am celebrating my 5th year also as the Chairperson of the Education Committee. The road to my success was not from the sum of what I did but from the greater sum of what we did as a team!



Philippine Nurses Association New Jersey Hudson County Subchapter

PNANJ Hudson County Sub-Chapter Serves Thanksgiving Meal

By Jovita "Joy" Solomon-Duarte, MSN, RN, Chair, PNANJ Community Outreach and Student Coalition

Frank Bernard Bobadilla, BSN,RN, Hudson Sub-Chapter Press Relation Officer

On Sunday, November 27, 2016, members of the Philippine **Nurses Association** of New Jersey (PNANJ) Hudson subchapter traded their stethoscopes and nursing scrubs for hairnets, gloves, and aprons and served Thanksgiving meal to the residents of Jersey City. The



and Holiday
Lunch attended by
70 individuals
with Council
President Rolando
Lavarro; PNANJ
President Rebecca
Graboso; PNANJ
Asst. Treasurer
and membership
Chair Emma
Lapena; and
members from
various hospitals
of Hudson

Assembly meeting

event led by PNANJ Hudson County Sub-chapter President Rino Alcantara and Jersey City Council President Rolando Lavarro, in collaboration with the Community Health Ministry and St. Aloysius Catholic Church served 115 adults and children with sumptuous buffet of international dishes, desserts, and drinks. The meal consisting of American, Asian, Spanish, and Italian cuisine reflected the diverse population of Hudson County was served from 9:00am to 3:00pm at Saint Aloysius' Duffy Hall. PNANJ President Rebecca Graboso and Freeholder Bill O'Dea also dropped by during this special annual occasion. Volunteers expressed joy in giving back to the community.

"As nurses, we are compassionate by nature, so it is nice to help people outside of our work setting. It is refreshing to see the members of PNANJ Hudson Subchapter together working towards a great cause," Jessette Villacarlos, BSN,RN

Two weeks after the above community service, the members regrouped on December 10th for their General

County. Rino Alcantara and Rebecca Graboso provided an overview of the Subchapters accomplishment, current projects, and future directions. Everyone enjoyed the discussions over a delicious meal, and each one went home with a gift donated by the Hudson Sub-Chapter.



PNAA Chapter NEWS

PNANM

Philippine Nurses Association New Mexico



Philippine Nurses Association of New Mexico (PNANM) inducted the new officers on Saturday, November 12, 2016 at Presbyterian Healthcare Services, Savage Auditorium. Dr. Merlie Ramira, PNAA Vice President of



The oath was followed by an acceptance speech by Blesila Hartom. The event was followed by a full banquet of Filipino food and family members were on hand to support the members. This was a historical event for New Mexico as this is the first nurses association formed in this state. Thank you to the officers and new members who worked

the Western Region, inducted the elected officers. Erlinda Ferrer, President-elect of PNA Hawaii welcomed the new members of PNANM. Presenting the new officers of PNANM:

President – Blesila Hartom President-elect – Annalisa Gallegos

Secretary – Florence Sabay

Treasurer – Lynda Hontanosas

Auditor - Jay Sanidad

diligently to form this association. Thank you to Dr. Merlie Ramira for guiding us through this journey and Erlinda Ferrer for strongly supporting us in our endeavor. Thank you for all the well-wishers from the many PNAA Chapters and PNAA Executive Board members.

PNAA Chapter NEWS



PNANY

Philippine Nurses Association of New York

Simbang Iabi sa Konsulado in New York

On Monday December 12, 2016,
Simbang Gabi sa Konsulado was held at the
Philippine Center, Kalayaan Hall. The event was
sponsored by the Philippine Nurses Association of
New York, Inc., the Philippine Nurses Association of
Connecticut, Inc., and the Philippine Nurses Association
of America, Inc. Filipino nurses have sponsored a
Simbang Gabi service for over a decade. The celebrant for
the evening was Rev. F. Julian Jagudilla, OFM.

The room overflowed with nurses and members of the Filipino community from the tri-state area. The evening started with a rosary led by Thelma Diago, RN, from PNA New York. This evening's Simbang Gabi coincided with the feast day for Our Lady of Guadalupe. The Hon. Ma. Theresa B. Dizon-De Vega stated in her opening remarks that Our Lady of Guadalupe is the patroness of the Americas. Consul General De Vega spoke about the immigrant experience that Filipinos faced in the United States and expressed gratitude towards the Filipino nurses. The readers were Ophelia Frazier from PNA Connecticut and Corazon Sy from PNA New York. The Himig Choir provided joyous and wonderful music for the service. Lolita Compas, past PNAA president represented PNA America and she was one of the gift bearers along with Liezel Vince Cruz and Adrian Artista. Davy G. Diongson provided information about the turnover of the infant Jesus to the following evening's sponsors.



Carmen Meliton, PNA New York, Inc. president closed the evening with endearing words for a blessed Christmas and a joyous new year. Fr. Jagudilla, OFM, the



Director of the Church and Friary of the St. Francis of Assisi's Immigration Center in New York ended the service by leading a prayer for the Filipino Migrant Community. A passage from the prayer stated, "We pray for each and every migrant who is commemorating this sacred season away from the comfort of their loved ones and places familiar and dear. May thee always, like Jesus, Mary and Joseph, find welcoming hearts wherever they may be."

After the service, the attendees gathered in the lobby of the Philippine Consulate General New York for salo salo. The lobby was decorated with parols and there was even a payag that was decorated for the holidays where many of the attendees took photos. Pancit, adobo, and lumpia were among some of the food offered along with biko and samalamig. It was a wonderful time to be with members of the Filipino community. In celebration of the festive season, there was a raffle of giveaways. It was truly a wonderful evening to be part of a community that celebrates the Christmas season together.

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PNASA

Philippine Nurses Association of San Antonio

Dining for the Future of Nursing

Culvers at 5836 De Zavala, San Antonio, TX 78249 provided PNASA the opportunity to raise funds to support for the PNASA-sponsored nursing student scholarships. On October 27 from 4pm-8pm, PNASA received 10% of all purchases at this Culvers site. This fundraising will continue quarterly every last Thursday of the month. The next events will be 4pm-8pm on January 26, 2017; April 27, 2017, and July 27, 2017. All members are encouraged to support this fundraising and spread the word as all purchases, not just PNASA members', are applicable.





Nursing Ethics and Jurisprudence

PNASA, in collaboration with National Association of Hispanic Nurses (NAHN) and the Baptist School of Health Professions, provided a 2-hour continuing nursing education course to meet the requirement of the Texas Board of Nursing (TBON) for nursing ethics and jurisprudence. The event was held on November 16, 2016 at the Baptist School of Health Professions at Datapoint, San Antonio, TX. Many thanks to Dr. Pat Alvoet, Chair of the Education and Research Committee, who organized the various details of the event as well as Ms. Rose Caballero, President of NAHN, who invited the speaker from TBON.



City of San Antonio honors Fil-Am World War II Veterans

October 13, 2016 was a significant day for World War II

Filipino-American veterans as the City of San Antonio proclaimed the resolution honoring them for their unparalleled contributions in restoring freedom and democracy in the Philippines. For more of this story, go to http://www.mypnasatx.org/(L-R: Chona Day, Col.



USAF-Ret. of FilVet Rep Nonie C. Cabana, WW II Veteran Captain Dominador Soriano, PNASA President Dr. Danet Bluhm)



Free Heath Screening at a Free Thanksgiving Dinner

PNASA collaborated with Acelity and the International Nursing Students Association (INSA) of the University of Texas Health Science Center at San Antonio (UTHSCSA) to conduct free diabetes health screening at the annual Last Chance Ministries Free Thanksgiving dinner on November 19, 2016. PNASA Vice-President, Ms. Josie Schantz of Acelity, coordinated the event. Acelity provided the health screening supplies and equipment as well as three medical personnel (Dr. Shah, Dr. Lee and Dr. M. Bluhm). Dr. Danet Bluhm, President of PNASA and Association Professor at UTHSCSA, coordinated both PNASA and INSA to mobilize nursing personnel to conduct the initial health screening including the initial foot exams for screening participants who have a history of diabetes and/or high blood sugar levels. Pastor Robles of Last Chance Ministries was very thankful for the service rendered to the community.



PNAA Chapter

PNASC

Philippine Nurses Association South Carolina

Filipinos for Community Health at UCLA

Sonia R Sabado, MSN, RN, FNP-BC PNASC President 2016-2018



Outreach Events:

Nov 15,2016

What better audience to talk with about the nursing profession than those undecided health sciences college students at one of the prestigious universities in Southern California? For the past 3 years, PNASC have been invited as health panel participants with the Pilipinos for Community Health at UCLA. This year, PNASC President- Elect Regalado Valerio III, a certified

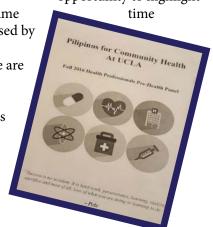
Registered Nurse Anesthetist; Georgina Delos Reyes, PNASC Education Community Outreach Chair and current Nurse Manager and Sonia Sabado, PNASC President and Family Nurse Practitioner represented PNASC at UCLA Health Panel on Nov 15, 2016. This event is critical in implementing our goals of Outreach and Collaboration and is a forum for PNASC members to share in their nursing knowledge and experience with 17 members of the UCLA Pilipinos for Community Health group.

Promoting the nursing profession as well sharing of expertise is vital to influencing future nurses. Panel participants had the opportunity to highlight

their roles and at the same answered questions posed by the attendees. As in previous sessions, there are always a few of the undecided who, after hearing what Nursing is all about, voiced their interests with relevant questions during the

small group

discussions!







PNASC

Philippine Nurses Association South Carolina

Cerritos and Gahr High School Outreach: Is Nursing for me?

Sonia R Sabado, MSN, RN, FNP-BC PNASC President 2016-2018

Another opportunity arose for community outreach on Dec 12, 2016 when Gina Delos Reyes and Sonia Sabado shared their nursing knowledge and experience with high school students from Cerritos and Gahr High Schools in Cerritos, California. Collaborating with the Filipino Club teacher, Ms Oliva, from both school, provided PNASC the audience to promote this outreach event! Both Executive Board member presented to over 120 students in four separate classes.

Educational Outreach Events:

Dec 12,2016

During the presentation, PNASC was emphasized as the organization of choice for Filipino American nurses in Southern California. Gina and Sonia highlighted nursing roles as well as the different levels of education and the highest paying nursing jobs. After an informal survey before and after the presentation, all four classes showed a 50% increased in interest in nursing as noted by a show of hands. As





evident in this outreach activity, the younger audience and those undecided in their career choice is the ideal audience to influence and promote the nursing profession. This experience validates PNASC's goal to continue with this activity to support community education on PNASC and Nursing as well as develop future nurses.

PNAA Chapter NEVS

PNASC

Philippine Nurses Association South Carolina



Sonia R Sabado, MSN, RN, FNP-BC PNASC President 2016-2018

PNASC brought in the holiday of Thanksgiving and Christmas during their face to face quarterly meeting on Nov 19, 2016. PNAA first President and Lifetime PNASC member Dr Clarita Miraflor hosted the meeting in Palm Springs, California. EB members and a couple of new members, Eloisa Peralta and Jerome Diyao attended and had the opportunity to meet with the EB members. Family and friends also graced the gathering where the food was catered by locals and friends of Dr Miraflor. After a sumptuous lunch, a holiday trivia was presented to those interested. PNASC members and friends of PNASC were tested in their knowledge. Those with high scores received small tokens for their participation. Then the real fun began with the White Elephant exchange gift! After much laughter and covetous glimpse of each other's chosen gift, it appeared that Vice-President Deovina Jordan's gift selections were a



hit as her peers repeatedly stole from her! Nevertheless, in the end, Deovina was eventually left with the gift of her choice! It was indeed a fun holiday party celebrated among respected peers and friends of PNASC!





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PNASD/PNASRC

Philippine Nurses Association of San Diego County Philippine Nurses Association of South Riverside County

PNASD and PNASRC Family Christmas Brunch Celebration

Vivian Sanderlin, PNASD President



Philippine Nurses Association of San Diego County (PNASD) and Philippine Nurses Association of South Riverside County (PNASRC) Family Holiday Celebration Brunch was held on December 18, 2016 at Admiral Baker Field Clubhouse in San Diego, California. A hundred twenty three guests attended with some members joined by their families. The program was emceed by Ms. Lipin Reyes and PNASRC President, Gigi Narisma. Introductions to the program were done by Chair of the event, Ms. Tessie Porciuncula followed by a welcome address by PNASD President, Vivian Sanderlin and Invocation by Ms. Vickie Berbano.

The guests enjoyed the sumptuous brunch prepared by the Club. Gifts were exchanged, Christmas Carol group singing with guitar and accordion accompaniments were enjoyed. Everyone had a great time at the party and a few nurses were recruited to become new members and some renewed their membership. There were many pictures taken, networking, gift giving and camaraderie by all. \







Challenges Ahead for Filipino Veteran Parole Program Applicants

by Don Tagala, ABS-CBN New

WASHINGTON DC – On Dec. 15, President Obama signed into law action to bestow Filipino WWII veterans the congressional gold medal –one of the highest civil awards in the LIS

However, funding to produce and replicate these congressional gold models is the least of these manongs' problems in the coming months.

US Ambassador to the Philippines, Sung Kim, recently presented travel documents to the first beneficiaries of the Filipino WWII veterans parole program at the US embassy in Manila.

The program is for legal immigration for immediate relatives of Filipino WWII veterans, so they are able to care for their veteran relatives in the US.

Eric Lachica, an advocate, says he is concerned over the fate of the program after President-elect Trump's announced plans to undo many of Obama's executive actions on immigration.

"We've talked to some of the immigration, US Immigration service officers, and they are unsure whether it will be continued under the new President program," said Lachica.

"So we have to lobby President elect Trump... to continue the program. It's really unfair to deny the sons and daughters, who paid their fees many years ago to become US immigrants, to be penalized by [Obama's] executive order or Pres. Obama being discontinued...

Lachica says the USCIS estimates about 6,000 Filipino

veteran dependents will be impacted if this executive order is reversed.

"As of yesterday, there's been very few applications that have been approved. We'll only know by probably in January or Ferbruary, how many have been submitted," he said. "Maski namatay na, even if the veterans have passed on; their children can self-apply."

Another challenge the manongs and their relatives will face is a potential processing fee increase for the program, from \$360 to \$575, beginning December 23. Visit www.uscis.gov/fwvp to apply



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NMC Appoints Filipino Nurse

Filipino Senior Nurse Michael Duque has recently been appointed by the UK Nursing Regulatory body, the Nursing and Midwifery Council (NMC), as a Fitness to Practice Panel Member. He joins the regulatory body as the first Filipino nurse to hold such an esteemed and higly competitive position in the Council which exists to regulate the Nursing and Midwifery profession.

His appointment comes after a rigorous 6-months screening and evaluation process which involves extensive mental, academic and psychometric testing on top of the regular hiring and interview processes. From the more than thousands of applicants, only 150 progressed to the final stage of which only 50 were admitted to the screening-training program. Only 23 of those admitted passed the 2-days screening-training program and have been appointed.

Duque who is the founder of the Philippine Nurses Association of UK (PNA UK), the current chairman of the Disaster Emergency Response and Relief Team (DERRT) and a respected community leader hopes that this will serve to inspire others to strive hard and bring honor to the Fiipino as a whole and to Nursing as a profession. "I am humbled and honored to perceptively represent the Filipino Nurses in the UK's prime governing and regulatory body for nurses" Duque adds. Among their other duties and responsibilities as a member of the NMC Fitness to Practice Panel, he and his fellow panel members will ensure that nurses adhere to safe practices and determine errors and ommisions in a nurse's practice. They will also act to serve the public interest and protection of the public through various individual endeavours.

Mr. Julius Labao, current President of the PNA



UK is equally proud and confident that Duque will do his outmost to help educate fellow nurses and stand firm to help protect the public interest. "As a Profession and as Filipinos, we are honored to have Mr. Duque in the NMC." Labao adds further. Duque further encourages Filipino nurses and communities to get in touch for workshops and seminars which can help enhance and raise the standards of their own individual nursing practices while provinding it in a safe environment.

PNAA is proud to announce its new and redesigned PNAA Website



Click here or Visit: www.mypnaa.org



Online Membership Registration System

The fastest and easiest way to register as PNAA or PNAA Chapter member

Join PNAA and register now!



Philippine Nurses Association of America, Inc. Membership & Website Committee

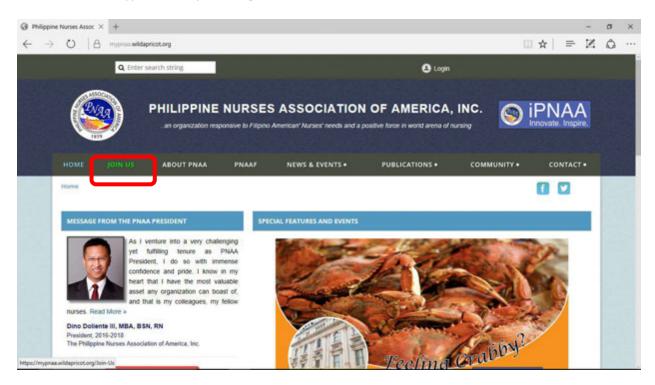
Online Membership Registration Guideline

- New and Renewing Members will register and pay online starting January 1, 2017: www.mypnaa.org
- 2. The following payment options will be available: Paypal, Credit Card, and Debit Card
- 3. Total payment includes the PNAA Registration Fee (\$50) plus the Local Chapter Fee
- 4. There is an option for a downloadable form to be completed and be mailed-in with check payment but is highly discouraged.
- 5. The PNAA Online Registration will be limited to the following types of membership: Active Members, Associate Members, and Members-at-Large
- 6. Members-at-Large will need validation from the PNAA Treasurer/Membership Committee prior to acceptance of the membership registration.
- 7. Chapter Lifetime Members will register as Active Member and will be provided a unique registration code. Membership is considered pending until validated by the local chapter.
- 8. PNAA Lifetime Members will be provided a form to complete that will be mailed/emailed and it will be entered manually by the Membership Committee.
- 9. Any other type of chapter membership like International Members, Student Members, etc. will be handled accordingly by each chapter.
- 10. For chapters who have already collected some membership registration with payment before January 1, 2017 will have the option to submit the membership list using the Excel template by e mail to the PNAA Treasurer with the full payment.
- 11. Registered members will automatically receive registration confirmation and a welcome letter via email upon payment processing/acceptance.
- 12. Registered Members will receive an instruction via email to create their own unique ID Log-in Name (Email Address) and Password. This will give them access to visit For-Members-Only section in the website and to update their profile/account setting as needed.
- 13. New Membership Anniversary Date will be based on original date of registration or renewal. Registered members will receive automated regular email reminders for membership renewal close to their anniversary date.
- 14. PNAA Treasurer/Membership Committee will provide a list of each of the chapter's new registered members on a monthly basis or as needed. In addition, the chapter's portion of the registration fee will be refunded on a monthly basis as well.
- 15. Registration steps with screenshots are provided on the following page for reference.

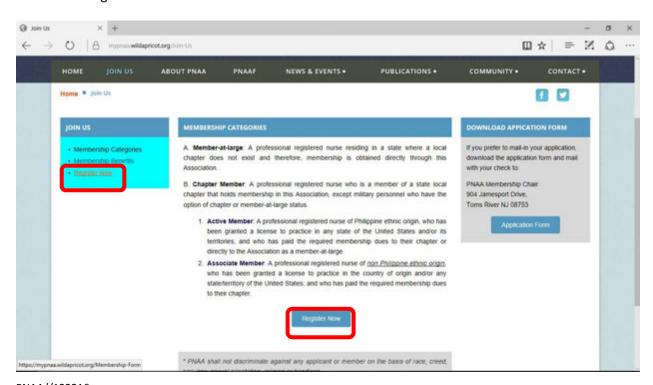
NOTE: For questions/inquiries, please contact Susan Castor, PNAA Membership Chair, at suecastor@yahoo.com

HOW TO REGISTER/RENEW MEMBERSHIP ONLINE FOR PNAA

1. Go to www.mypnaa.wildapricot.org and click "Join Us"

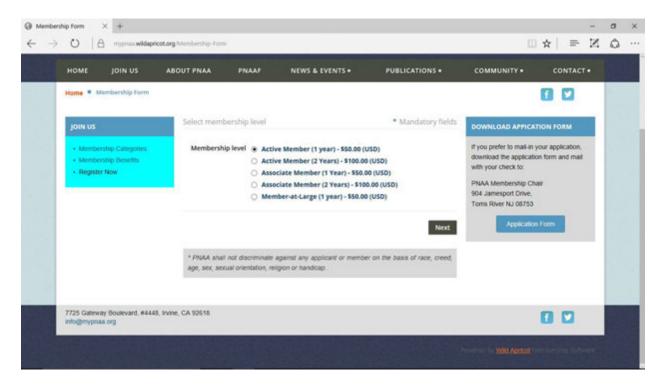


2. Select "Register Now":

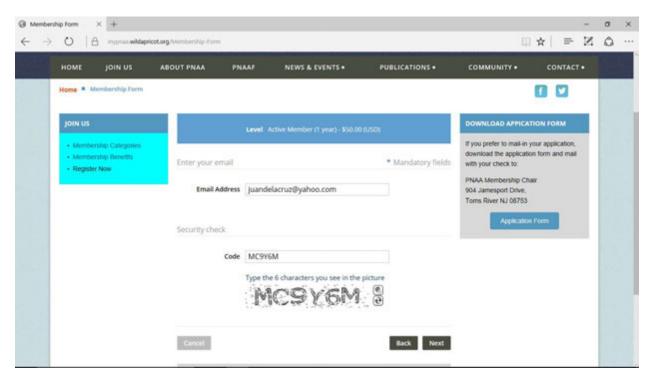


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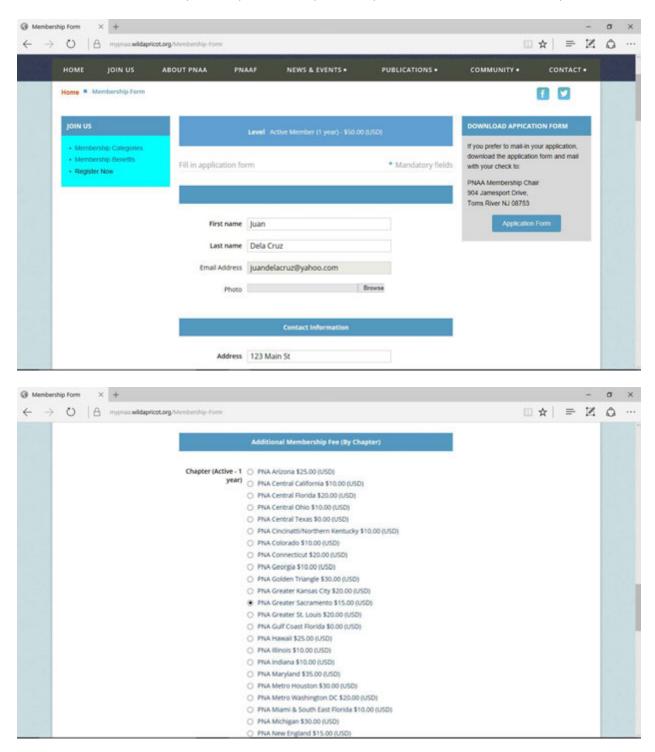
3. Select your Membership Level and click "Next".

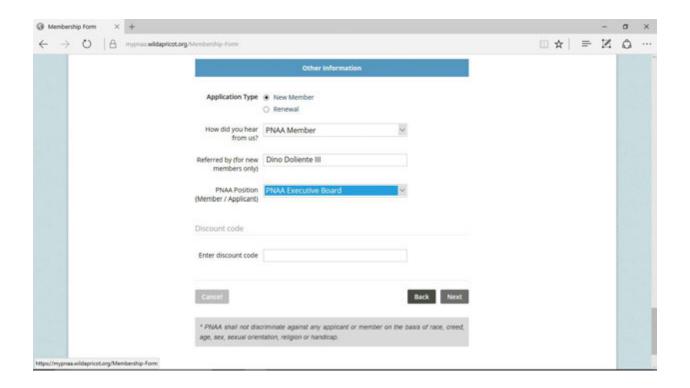


4. Enter your Email address and the random captcha code shown on the page and click "Next". You can always click "Back" to change Membership Level.

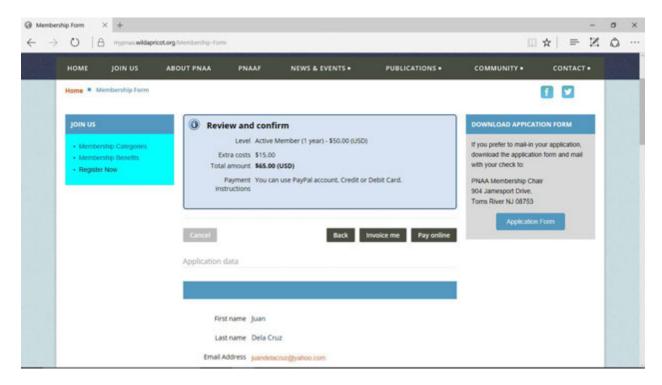


5. Fill out the Application form. You must fill out all the Mandatory fields (in bold font) before you can continue – this includes your Chapter, Subchapter (if any) and if this is New membership or Renewal.

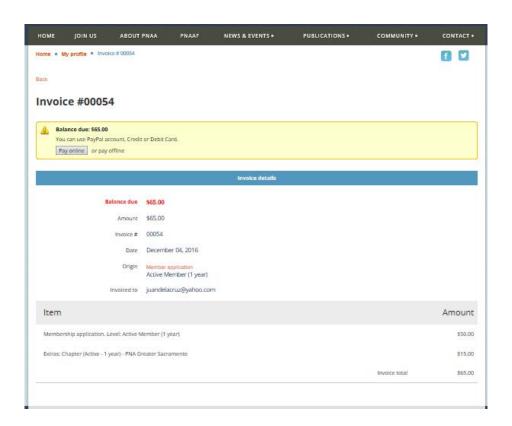




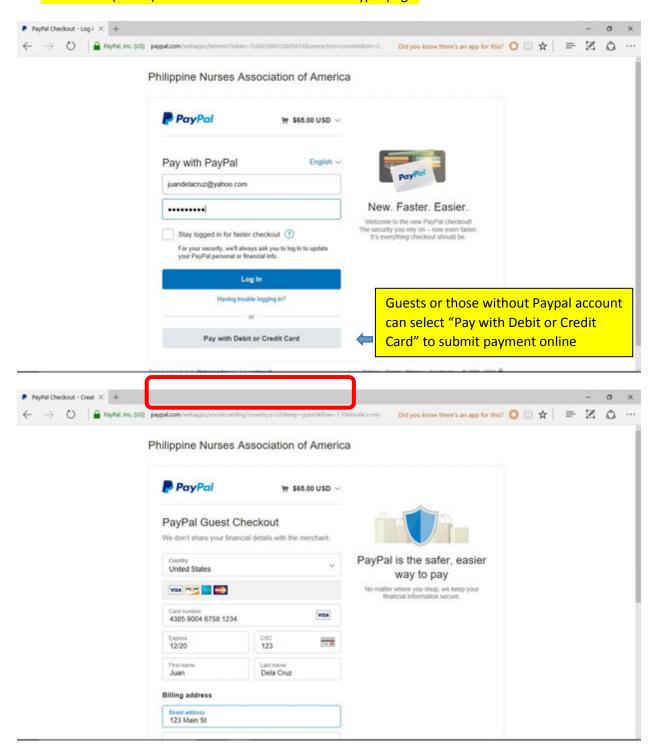
6. Review and Confirm the information before proceeding to payment. Payment can be made online ("Pay Online") or pay by mail with check ("Invoice Me").

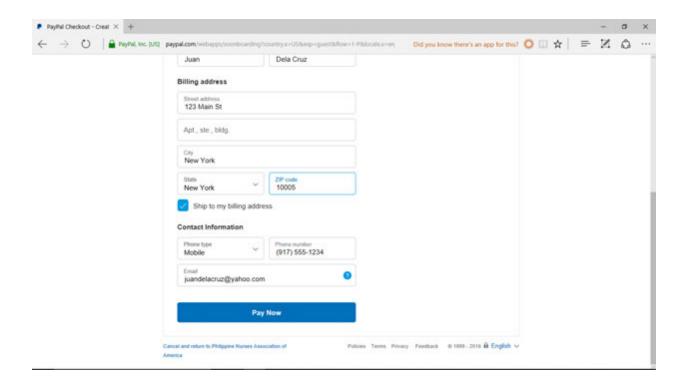


7. For <u>Check Payments by mail</u> ("Invoice Me"), you will receive an email with the invoice number and total amount. Print this page and send with your Check to the PNAA Membership Chair.

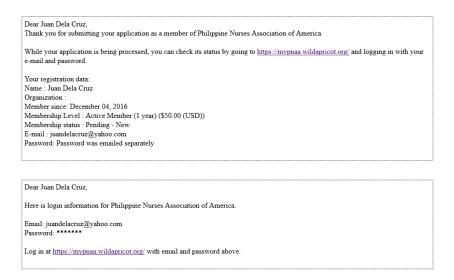


8. For <u>Online Payments</u>, you can pay using your Paypal account (Paypal Member) or with Debit or Credit Card (Guest). Follow the instructions on the Paypal page.





- 9. Whether you pay online or by mail, you will receive emails from PNAA with your application status, as well as your new password for the website. Your login password will allow you to edit personal information and preferences as a member of PNAA. You will be notified once your membership has been processed.
 - *Membership-at-Large may need to be reviewed further to make sure no PNAA chapters are within their home state.



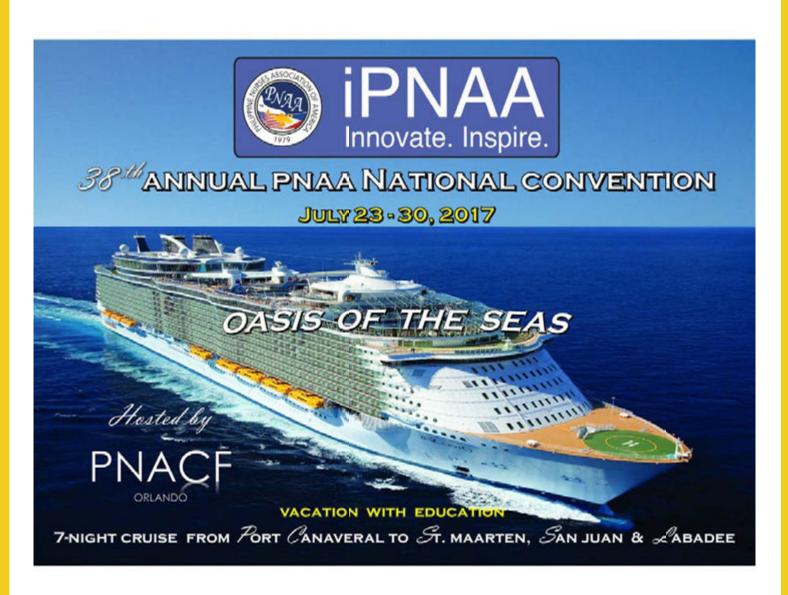
Have you registered yet for the 38th Annual PNAA National Convention via the Royal Carribean's Oasis of the Seas? Don't wait too long!

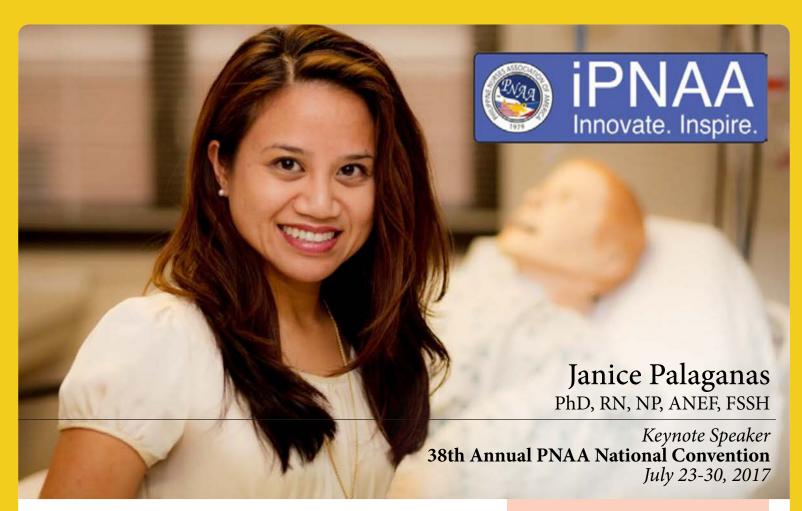
The cabins with lower rates sell fast. All that is required is \$250 deposit per person and have until April 15, 2017 to complete the installment payments.

Registration is super easy. Go to mypnaa.org and click on the link to the registration or call 1-800-422-0711 to speak with any of the agents of CEI (contracted for our PNAA cruise). Only those who register thru CEI may attend the convention.

More information about the convention, cruise itinerary, and a video clip featuring Oasis of the Seas is on the mypnaa.org website.

Click anywhere in this page to go to the website.





Janice Palaganas, PhD, RN, NP, ANEF, FSSH is a Lecturer for Harvard Medical School and the Director of Educational Innovation and Development for the Center for Medical Simulation (CMS) in Boston, Massachusetts. CMS is one of the first programs for interprofessional simulation educator training. Dr. Palaganas is a recognized leader and expert in the field of simulation as the implementing director of the Society for Simulation in Healthcare's (SSH) Accreditation (of simulation centers) and Certification (of simulation educators) Program. As a behavioral scientist, Dr. Palaganas' passion is in using healthcare simulation as a platform for IPE and served as a committee member of the Institute of Medicine's (IOM) most recent report on measuring the impact of IPE on practice. Dr. Palaganas' primary role is to develop simulation educators in an IPE setting. She has been an invited keynote speaker nationally and internationally to discuss interprofessional education, simulation, patient safety, and accreditation. Dr. Palaganas is also an author for the National League for Nursing (NLN) study for high-stakes assessment using simulation for nursing students.

Dr. Palaganas received her Bachelor's of Science in Nursing, as well as two Masters degrees as an Adult Nurse Practitioner and Geriatric Nurse Practitioner from the University of Pennsylvania, and her PhD in Nursing at Loma Linda University exploring healthcare simulation as a platform for interprofessional education.

Clinically, Dr. Palaganas has held multiple roles in Emergency Departments in ranging from Research Assistant, Emergency Clinical Staff Nurse, Fast Track Nurse Practitioner, Educator Specialist, Trauma Nurse Practitioner, Emergency Department Manager to Director of Emergency and Critical Care Services of a multi-hospital system. She has also worked as a Legal Nurse Consultant, as well as Hospital House Supervisor. She is experienced in hospital and university management with ten years of hospital (Director of Emergency and Critical Care Services of a three hospital system) and university (Simulation Department COO and Director of Research) management experience and has served on the Board of Examiners for the Malcolm Baldrige National Quality Award under the National Institute of Standards and Technology. Additionally, Dr. Palaganas has taught for schools of medicine, nursing, pharmacy, allied health, business, religion, and emergency residency, and is experienced in providing simulation-enhanced IPE to multiple levels of pre- and post-licensure learners.

No Need to Read Between the Lines. A Simulation Paints a Thousand Interprofessional Words

Meeting the complex needs of our patients goes beyond the boundary of Nursing. It requires teamwork and collaboration with other professions and, as a precursor, requires interprofessional education (IPE). Simulation has become the preferred medium for IPE. Interprofessional education requires brave examination of professional boundaries and in the process, skillfully blurring boundaries and creating new boundaries. Due to the size and nature of our profession, nursing is in many ways the most powerful and most capable of creating organizational change. Nurse Educators are often the designee of such simulation-enhanced IPE activities, challenged to facilitate the learning of a myriad of professions simultaneously. Such boundary-spanning responsibilities seem daunting.

This talk aims to 1) discuss the importance of IPE and how simulation is a vehicle for achieving quality IPE, 2) highlight the role of Nurse Educators as IPE leaders contributing to a new field, and 3) provide tools to assist nurse educators in creating learning beyond boundaries.

iPoster and Proposal Critique Sessions The Philippine Nurses Association of America, Inc. (PNAA) 38th Annual National Convention July 23-30, 2017 ☑ Oasis of the Seas

THEME: NURSES STEERING PRACTICE
Clinical, Leadership, and Research Abstracts

NEW this year: Dialogue with Researchers: Proposal Critique Session

PNAA invites you to submit your completed clinical, leadership, or research projects for presentation. We also want to invite Masters and Doctoral students to submit an abstract of their thesis, capstone or dissertation proposal for a Dialogue with Researchers: a Proposal Critique Session.

NEW FORMAT FOR 2017

All accepted abstracts and proposals will be presented via oral (plenary) presentation on Thursday, July 27, 2017 from 3:00 PM to 5:30 PM. Each presenter will be given 5-7 minutes to present their abstract. For the proposal critique session, presenters will be given 15 minutes.

Deadline – April 1, 2016

Abstract Notification – All authors will be notified via email of abstract status for submissions no later than April 30, 2017. Please make sure you email address is correct and up-to-date.

Submission Format — All abstracts must be emailed to saria.marlon@att.net.

Registration and Membership — This year's convention will be on board Royal Carribean's Oasis of the Seas. While you do not have to be a member of PNAA, you must attend the convention to submit an abstract.

For more information, send an e-mail to Marlon Garzo Saria, PhD, RN, AOCNS, FAAN at saria.marlon@att.net

SELECTION CRITERIA

General

The referees will use the following specific criteria when reviewing abstracts. Make sure you cover all the headings mentioned below.

Research and Evidence-Based Practice:

Background: Describe the significance of the problem you are addressing in your research or evidence-based practice project. Purpose: Clearly state the aim of the research or evidence-based practice project.

Design: For research, state the study design using appropriate terminology (e.g., pretest-posttest study design, descriptive, qualitative, quasi-experimental, experimental, etc.). For evidence-based practice projects, specify that this was an evidence-based practice project and identify the EBP model utilized.

Methods: For research, describe the setting, participants/subjects, data collection and data analysis procedures, as applicable. For research, also include the IRB approval. For evidence-based practice projects, describe how articles were identified and appraised for their quality and level of evidence.

Results: For research, present qualitative and/or quantitative findings. For evidence-based practice projects, specify the number of articles appraised, describe article findings, and provide details on article's study quality and level of evidence.

Conclusions: Synthesize study results. Describe the implications of findings.

Project/Best Practices:

Purposes/Aims

Rationale/Background

Brief description of the undertaking/best practice, including the approach, methods, or process used Outcomes achieved/documented (provide data)

Conclusions, emphasizing implications for clinical or educational practices, and recommendations for research or future undertakings

SUBMISSION INSTRUCTIONS

Important Information

Only those submissions which fully comply with the instructions will be reviewed. All completed applications received by the deadline will be independently and blindly reviewed by an APRN and doctorally-prepared panel. Selection of abstracts for presentation at the annual conference will be based on scientific merit.

Abstract Format

- Complete Abstracts will be uploaded in Word (.doc) file format.
- Length/Format: The abstract shall not exceed 400 words (exclusive of abstract title, authors, and references) on a one page, single-sided document.
- Margins: You can use any of the pre-set margins in your word processing document. Standard Default is: Top: 1"; Bottom: 1"; Left: 1"; Right: 1".
- Type Styles: Use letter quality, 12-point size type, Times New Roman.
- Titles: Abstract titles should be centered and may not exceed 10 words.
- Authors: If there is only one author, center the author's name, degree(s), title, department, organization, city, and state under the title of the paper. The first author listed MUST BE the presenting author. If there are three or more authors, list all the names with the same information requested above. Do not abbreviate and do not include zip code or telephone number. You may include your email address if you would like readers to be able to contact you about your paper. ALL individuals involved in the study must be listed.
- Grant: If the study was supported in full or in part by a grant, cite the grant number and granting organization at the end of the abstract. In addition, for symposium presentations, cite the grant number and granting organization for any papers supported in full or in part by a grant.
- References: References are optional. If references are included, use APA format.

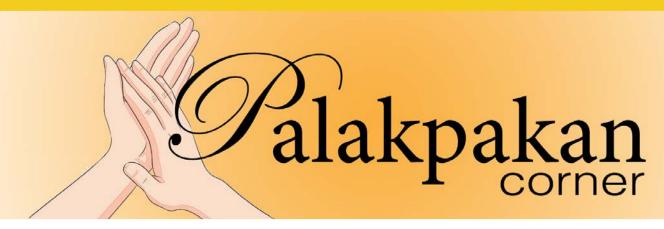
Are you ready for the NCR Convention?

Click anywhere on this page to register and for more information.



This event is open to all allied health professionals and students.

PNAA Cincinnati-Northern Kentucky Chapter is the Official Host of the 2017 NCR Convention.





Congratulations to PNAI President-Elect,

BRYAN RANCHERO

He was a recipient of the Illinois Public Health Association Member Award of Merit at their 75th Annual Conference held in Springfield,Illinois this past Sept.14-15 2016. Bryan is the current President Elect of the Philippine Nurses Association of Illinois(PNAI) and is a devoted public health nurse for 12 years.

Congratulations to PNAMDC's very own,

CHRISTINE PABICO

Her abstract entitled - "Positive Practice Environments: Engaging Frontline Staff to Improve Patient Outcomes" has been accepted for a concurrent session presentation to 2017 ICN Congress in Barcelona, Spain.



Congratulations to PNAA Eastern Region RVP,

DR. MARYJOY GARCIA DIA



Five (5) of her abstract submissions have been accepted for 3 poster and 2 concurrent presentations for this VERY prestigious International Council of Nurses Conference in Barcelona on May 27 to June 1, 2017! You make PNAA and PNA-NY proud! The titles of her abstracts are:

- 1.) Leveraging social media and marketing in promoting Million Hearts Initiative in Asian American Community (Poster)
- 2.) Kalusugan Coalition: A community -based organization's contribution to addressing and meeting the 2030 United Nation's Sustainable Development Goals (Poster)
- 3.) Minority Myth: Addressing Asian-American Health in the US (Poster)
- 4.) Ideation Generation through Inter-collaborative education Concurrent session (Podium)
- 5.) Promoting Cardiovascular Health through Government, Academic, and Community-based Partnerships (Concurrent-Podium)

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