



## insidePNAA

Official Newsletter of the Philippine Nurses Association of America, Inc.

### A Cruise to the Eastern Caribbean

By Manny Ramos

### **Day One - Welcome Reception:**

Lip-smacking, Whet your Appetite Kind of Day

Anchors Aweigh! The horn of Oasis of the Seas blasted as the ship embarked from Port Canaveral, Florida towards the Eastern Caribbean. Dazed from the gallery of shops upon entry to the ship, over 300 PNAA delegates and guests made their way to the Windjammer for a hearty buffet of

Welcome Reception at the Solanum

lunch. That was their introduction to a weeklong food festival which, among other perks and amenities, cruise ships are famous for.

The PNA Central Florida (PNACF) and Continuing Education Inc. (CEI) coordinators got busy at the Conference Center distributing convention packets, bags and ID badge lanyards with Convention ribbons to the participants. After the mandatory drill for emergency evacuation, everyone headed to the Solarium for the Welcome Reception where refreshing free drinks and cocktails abound. Everyone were joyful and excited to see familiar faces as well as meet the

newbies to PNAA National Convention. The welcome address of PNAA President Dino Doliente III was enthusiastically received by delegates from chapters across the nation. The glee and excitement of embarking on a weeklong cruise and convention amongst colleagues and friends were evident on the bright faces of everyone.











Dr. Janice Palaganas, Keynote Speaker; Leadership Workshop Speakers: Maria Theresa Sagun, Dr. Leo Jurado, and Susan Castor

### Day Two:

Getting your Feet Wet

After a night of free onboard shows and entertainment, the first order of business was a meeting of the PNAA Executive Board where important issues and plans of actions were decided. At the Leadership Institute, Dr. Janice Palaganas, keynote speaker, delivered an innovative presentation which engaged the participants in examining the connection of giving and receiving feedback and in structuring feedback that can improve the effectiveness of a leader.

Participants chose to attend either of the concurrent sessions, the Leadership Workshop or the Advanced Practice Nurse Forum (APNF). At the workshop, Dr. Leo Jurado discussed the key points on how to run effective and efficient meetings. Everyone tuned in to the Robert's Rules



emptied her pocket full of strategies to keep us out of the red as she described the purpose, components and process of developing a budget and of auditing. No one was more qualified to discuss effective ways for membership recruitment and retention than Susan Castor, Chair of Membership. PNAA increased its membership by 33.5% in one year, from 3019 in 2016 to 4033 members in 2017.

Jennifer Aying,
APNF Chair,
facilitated the
serious discussions
at Comedy Live,
venue for the
Advanced
Practice Nurse
Forum. Dr.
Becky Graboso

insidePNAA



September 2017 | Page 03

grabbed the audience attention on how a Nurse Practitioner-led model of acute stroke management resulted to high reliability outcomes. Dr. Marlon Saria explored with the participants the advances, implications, and opportunities in Oncology nursing research and clinical trials. Dr. Leo Jurado stimulated discussions on the major contemporary forces in health care, the determinants of health and vulnerable populations.



At the APN Forum

### Day Three:

Sailing Full Blast

Wasting no time in a full-packed itinerary, the Education Day rolled like a well-oiled machine. Dr. Janice Palaganas captivated everyone with her "Whaddarya?" innovating question. Everyone were engaged in her interactive presentation. For most, this was their first encounter with Janice. By the end of the presentation, each were smitten by this power-packed gem of a charming and dynamic speaker.

Dr. Sigrid Ladores, PNACF board member and pride of the host chapter, navigated the attendees to the journey of pursuing a research-focused doctorate and highlighted the work of Filipino nurse scientists. She made a lot of believers in pursuing higher degrees in nursing. To quote her, "If I can do it, you can." Listening to her stories of personal challenges

amid her PhD education, each one was left with admiration of her strength and determination which inspired a lot to consider seeking higher degrees.

Dr. Danet Bluhm shined with her expertise on evidence-based practice (EBP) and clinical practice guidelines. She engaged the group on discussions of EBP for quality and safe care. After lunch presentation is the most challenging time to keep an audience engaged. However, Lorraine Micheletti kept everyone awake. The audience were roaring with laughter as Lorraine infused humor to her presentation on the emerging technologies in healthcare and nursing. The Education Day culminated with a brilliant speaker, Dr. Nelson Tuazon, who discussed the meta-leadership qualities of innovators and explored with the participants the

Education Day Speakers: Dr. Danet Bluhm, Lorraine Micheletti, Dr. Nelson Tuazon and Dr. Sigrid Ladores



degrees in nursing. To quote her, "If I can do it, you can." Listening to her stories of personal challenges amid her PhD education, each one was left with admiration of her strength and determination which inspired a lot to consider seeking higher degrees.

Dr. Danet Bluhm shined with her expertise on evidence-based practice (EBP) and clinical practice guidelines. She engaged the group on discussions of EBP for quality and safe care. After lunch presentation is the most challenging time to keep an audience engaged. However, Lorraine Micheletti kept everyone awake. The audience were roaring with laughter as Lorraine infused humor to her presentation on the emerging technologies in healthcare and nursing. The Education Day culminated with a brilliant speaker, Dr. Nelson Tuazon, who discussed the meta-leadership qualities of innovators and explored with the participants the practical applications of the Creativity, Innovation, and Risk-Taking (CIR) continuum.

As in past national conventions, first time attendees are recognized and engaged by the PNAA Executive Board and Committee Chairs. It was very

interesting and inspiring to learn from their stories of first experiences and involvement in PNAA. New bonds were created and existing connections were strengthened at the New Attendees reception.



Mae Guzman, Chair of the Committee for Education, Most Valuable Player Award given by PNAA President Dino Dollente III and Araceli Antonio, PNAA Executive Director.



Batch 2017: New attendees to PNAA National Convention with President Dino Dollente III





Clockwise from Top left: Western Region's Lion King, North Central's Hair, Easter Region'sChicago; Panel of Judges - Dr. Palaganas, Dr. Jurado, Dr. Hermosa; Emcee Jonathan Gecomo; South Central's Mama Mia

### Day Four:

Get Your Color Back for Awards Gala

Excited to explore the islands, guests rushed out of the ship as soon as it docked at Phillipsburg, St. Maarten. Various excursions were chosen by the convention attendees ranging from sailing on a catamaran, swimming with the dolphins, snorkeling, hiking or kayaking. When it was time to return to the ship, most have gained a shade darker, a testament to the fun time spent under the sun in Sint Maarten (Dutch side) or Saint Martin (French side), depends which parts they went.

Back in the ship, wearing their best that evening, the delegates with their friends and families proceeded to Studio B for the Awards Gala. What was a floor of ice for skating has been transformed to the biggest dancefloor one could ever imagine. No need for ice skates, Dr. Sigrid Ladores, master of ceremonies, set the tone for a most elegant night of celebrating achievements and honoring service to PNAA.



Awards Committee: Manelita Dayon, Grace Diaz Font, Chair; Excellence Awardees: Pamela Peterman, Community Service; Becky Graboso, Advanced Practice Nurse; Tess Medina, Nursing Administration; PNAA Foundation: Emie Rosas, Adviser; Merlita Velasquez, President; Dr. Anisota Vista, Executive Director; Araceli Antonio, Adviser.

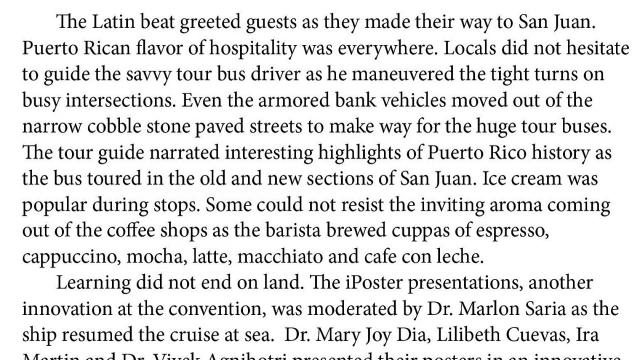


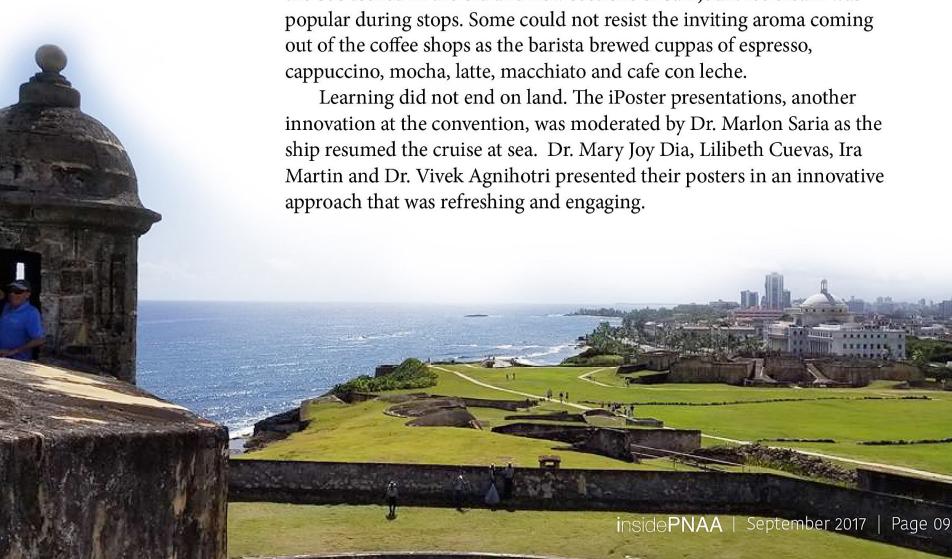
Dr. Letty Hermosa, PNAA Past President; Dr. Sigrid Ladores, MC; Madelyn Yu, PNAA President-elect; Nini Jurado, Chair, Scholarship. Committee; Merlita Velasquez & Dino Doliente III with the PNAA Foundation Executive Board

### **Day Five:**

A lesson or two of the Old and New San Juan







### Day Six: Wake Me Up Before You Go, Go

Bright and early at Blaze, Vivian Sanderlin led the 3K runners with warm up dancercise followed immediately by the 3K run/walk on Deck 5 of Oasis of the Seas. Sunrise greeted the runners with a coral hued sky that kissed the turquoise waters. Labadee was imminent with a vista of the mountains and hills of Haiti on the horizon. All 3K runners received medals upon completion of the race. The 3K Challenge Committee and Chair Ramon Sumibcay awarded trophies to the top 3K fund raisers.





### Day Seven:

I don't want this to end

Back in their business suits, delegates to the General Assembly streamed to Studio B and attended the agenda. The President's State of PNAA Address outlined the achievements and milestones of PNAA and its committees. Ratification of proposed amendments to the Bylaws as presented by Rose Sexton and Lilibeth Cuevas underwent. Exciting news regarding the PNAA office building together with other updates were shared by PNAA Foundation President Merlita Velasquez. PNA Georgia won their bid to host the 40th PNAA National Convention in Atlanta. The general assembly greeted this win by cracking the peanuts that were distributed by PNA Georgia. President Dino Doliente III wrapped up the assembly by sharing the PNAA Goals and Plans for 2017-2018.

Beth Rosas and the Community Outreach Committee led the necrology service that commemorated the lives of PNAA members who have passed. This solemn service has become a tradition during PNAA Conventions.

The last dinner aboard Oasis of the Seas was bittersweet. Most probably gained an inch or two of waistline due to the sumptuous and irresistible dinner entrees and desserts galore that were the feast of the seven-night cruise. Most notably, by the end of the cruise, each one gained something that may not always be measured...that's what made this convention special and memorable.

Until next time... see you then.

Special appreciation to Ramon & Pamela Marcelino. PNA of Wisconsin, for the photos in this article.



Manny Ramos, PNACF President and their Officers and Members, host of the 38th PNAA National Convention with SCR Vice President Romy DeVera & PNAA President Dino Dollente III

We laughed (so hard), we learned (a lot), we ate (too much), and oh we danced to all kinds of music and most of all we reunited with old friends and gained more on the way. Thank you PNACF and PNAA President Dino Doliente for making it happen and to all those behind the scene, a toast for a job well done.

Manelita Dayon

99



On behalf of my PNA Wisconsin family, I would like to thank and congratulate PNACF and PNAA for the best convention I have ever experienced so far. It was indeed a top-notch quality event! I had a great pleasure of meeting, dancing, eating, learning, relaxing with everybody, you name it and it is there! Looking forward to attending more conventions with my PNAWI family in the near future. Hats off to you guys!

Pam Marcelino

99

## From the Attendees

66

We laughed, we learned, we ate
(a lot!), we danced (to burn off
the crazy amounts of food
consumed), and we met incredible
people from all over the 36 chapters!
A world-class Convention aboard a
world-class ship!

Sigrid Ladores, PNA Central Florida

"

66

Thanks is not enough for the way you executed the very first PNAA Convention at Sea!!! Twas a huge success! Manny & team, you guys are awesome and a hard act to follow.

Nicer Jurado



Page 13



The 38th PNAA national convention reflects President Dino Doliente III's mantra: Innovate! Inspire! Sessions and aspects of the cruise conventions were innovative and inspiring! Thank you to Manny Ramos and PNACF team for an excellent job! I made friends with a lot of PNAA members and their families! Thank you for the great experience!

Danet Bluhm, PNA San Antonio



Thanks for the successful cruise convention! Had great time and priceless memories with nursing colleagues, families and friends! SHINE PNAA SHINE!

Tina Salvador



Representing PNA of North Houston together with our president elect Ira Martin during the PNAA National Convention is a very rare opportunity and experience of a complete package of professional learning, networking, fun aboard Oasis of the Seas on a seven days cruise.PNAA made a history we expressed great appreciation to the inspirational leaders with influential innovative charism led by Dino Doliente III who do not fail to manage up his EB and the rest of the Team PNAA Thank you Manny Ramos and his team for exceptional leadership in hosting the national convention. An addition to my treasures of memories!

Jennilyn Salvador Lano



It felt like we were on a PNAA Retreat. It was a complete package of education, networking and fun filled activities. Delegates from every chapter bonded so well together. Surely this won't be the first and last convention at the Sea. Much appreciation to PNACF and PNAA to a well executed event.

Susan G. Castor, PNANJ





Awesome convention! Met new friends & great leaders of this organization. Proud to be a PNAA member.

Jonathan Gapilango, BOD-PNANJ





This is evidence-based innovation. First cruise, Succinct Reports but the summary was comprehensive. Way to go PNAA!

Victoria Berbano





Hats off to PNAA Pres Dino Doliente III for leading the way towards a highly successful first ever National Cruise convention. Thanks to Manny Ramos et group (PNA CF) for facilitating and ensuring that everyone had equal amounts of dancing, eating and learning fun!

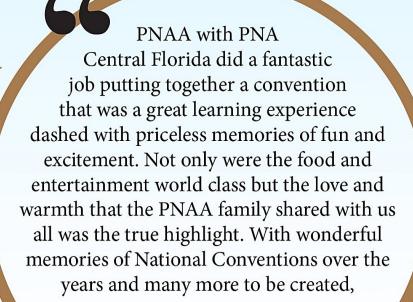
Elena De Jesus





Isang matagumpay at makasaysayang kaganapan! Mabuhay ang PNAA, PNACF at ang lahing Pilipino!

Roque Angelo Bosque, **PNATN** 



Mindy Ofiana, PNA Southern California.





With profound sense of pride, I thank you all for giving me the chance to be a member of these group of accomplished and fun-loving nurses. This convention was without exaggeration one that is packed with activities that are well organized and educational programs that created a better understanding of relevant issues for our profession and our organization.

> Kudos to all that made this event one to remember by for years to come!

> > Leila Busch



38th PNAA National Convention General Assembly Aboard the Oasis of the Seas | July 29, 2017

Dear PNAA Colleagues:

The historic 38th PNAA National Convention aboard the Oasis of the Seas on July 23-30, 2017 has finally come to its fruition. It was amazing to witness how the whole event unfolded right in front of my eyes. My heart still overflows with pride and joy from all the wonderful feedbacks we have received from the delegates. Big kudos to PNA Central Florida, the Host Chapter, for the planning and execution of one of the most successful conventions and probably the most memorable one we ever had.

In the following pages, you will find the 2017 State of PNAA Address (SOPA) I have reported at the General Assembly on July 29, 2017. It is not an exhaustive list but just a summary of the many great achievements we have accomplished this past year. Congratulations to the members of the Executive Board, Committee Chairs and Chapter Leaders who continue to advance our organization's agenda in an innovative and inspiring way.

PNAA is shining so bright right now it is starting to hurt my eyes!

Dino Doliente III, MBA, BSN, RN President, 2016 - 2018 Philippine Nurses Association of America, Inc.

> 2017 State of the PNAAAddress (SOPA)

- Launched the new, redesigned PNAA website that interphases with mobile phones
- Established the new Online Membership Registration System
- Released 5 exciting, revitalized editions of Inside PNAA Newsletter
- Issued 2 Position Statements: Philippines' War on Drugs & Support on the Bill "BSN in 10"
- Published 2 issues of JNPARR (January 2017 issue and July 2017 issue is set to be published within August, 2017)
- The first manuscript resulting from the 2016 membership survey (largest PNAA survey conducted) has been submitted to the Journal of Nursing Management entitled – Demographics and Job Satisfaction of Filipino American Nurses. A second manuscript is being prepared.
- Established the iCNE (Online Continuing Education) Program for members in collaboration with Walden University
- Re-established relationship with APNF & the Philippines Department of Health (DOH) to assess continuation of the Nurse Anesthesia Program to provide

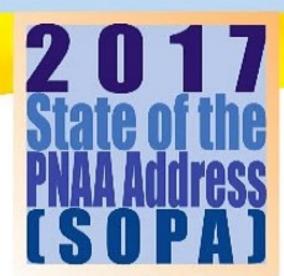
services in remote barangays in the Philippines

- Partnership with POLO Phil Embassy, Washington DC: New Paradigm on Ethical Recruitment of Foreign Educated Nurses - Proposed Provisions on Termination and Breach on Employment Agreement
- Continued the Nursing Curriculum Concurrency project and elevated to Generation II that served at least 246 RNs to date
- Established Ethical Standards and rules of conduct for PNAA that provides mechanism to resolve ethical conflicts or issues presented to PNAA
- Collaborated with local and national nursing professional organizations in support, response and participation in many Legislative actions affecting Nursing Profession and Health Care
- Provided numerous engaging and innovative Education Seminars through the different local chapters of PNAA: 24 education offerings with a total of 8,504 Contact Hours awarded to our members

- Continued advocacy and guidance with the collaboration of the Human Rights Committee and Migrant Heritage Commission (MHC) to 5 cases concerning newly-recruited nurses from the Philippines accused of breach of contract by their employers and 1 case of an RN regarding an alleged child abuse at a hospital in Chicago, Illinois
- Hosted with the Philippine Embassy a tribute to 4 well-accomplished Filipino-American RNs who got accepted to the FAAN Class of 2016
- Continued the following Programs/Initiatives: Leadership Fellows Program, Scholarship Program, Nursing Excellence Awards
- Conducted a survey to obtain baseline member satisfaction and engagement and provide a snapshot of the perceived relevance and value of belonging to PNAA
- PNAA EB was represented and visited 30 local chapters' events and programs: Inductions, Education Seminars, Community Outreach, Town Hall Meetings

## Quality

- The very successful NCR Conference (PNA Cincinnati/Northern Kentucky), April 2017
- The historic National Cruise Convention (PNA Central Florida), July 2017
- PNA Metropolitan DC: 2016 Presidential Banaag
   Service Award in Malacanan, Philippines
- Approval of "The Legacy PNAA Book" to provide an official historical glimpse of the birth and journey of PNAA to include its many achievements and accomplishments since 1979
- Completed new Policy & Procedure on Membership Incentive Program; Revised Archives Chapter Website Policy; Updated JNPARR P & P; Revision of the Nomelec P & P in progress
- Established the Policy Advocacy Committee
   (PAC) to allow PNAA leaders and members join with peers to help support PNAA's policy agenda



 Re-stablished the PNAA Office of International

Affairs to coordinate, enhance, and develop PNAA's international programs and events with 6 major accomplishments that has both local and international impacts

- Approved the Electronic Voting system to provide election services for 2018 PNAA 1:1 Election
- Developed a survey questionnaire to assess
   Chapter's involvement in the current IOM/Culture of Health initiatives
- Countless Professional and Service Recognition received by many PNAA members all across the nation

## Growth

- A 34% Membership Increase with a total of 4,033 members, 46 chapters, and 16 subchapters
- · 1 New Chapter: PNA New Mexico
- 1 New Subchapter: PNA MidGeorgia
- 2 "Revitalized" Chapters: PNA South Carolina & PNA Greater Sacramento
- Strengthened the presence of PNAA and its

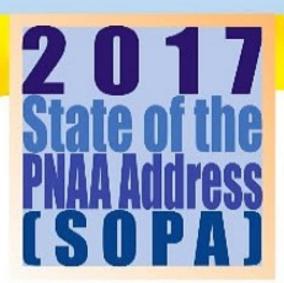
activities on Social Media Networks: Facebook, Twitter, and Instagram with almost 4,000 followers and "likers"

 Approved \$100K donation to PNAAF to assist in establishing the long-time dream to erect the PNAA/PNAAF Legacy Building

## Finance

### FINANCE

- Launched the Corporate Sponsorship structure and obtained 3 sponsors: Genesis HealthCare. Inc., University of Hawaii at Manoa and Walden University
- Established the first Regional Budget allocating \$12K funding for the regions and local chapters' programs and initiatives
- Approved the 20% Membership Incentive Program for the regions and chapters' member programs and initiatives for a total of around \$40,000
- The 2017 3K Fundraising is set to raise a net income of around \$25,000
- The NCR Regional Conference (April, 2017)



successfully carned a net income of \$12,000

- 'Ihe National Convention (July, 2017) is poised to have a Net Income of around \$30,000
- PNAA garnered a Net Income of approximately \$80,000 for Fiscal Year 2016-2017
- Exercised fiscal responsibility in managing the PNAA Income and Expenses
- Currently exploring the creation of a Business Development Ad Hoc

## Community

- Partnered with the Philippine Embassy in bringing Consular Services to the Filipino community in Orlando, Florida and Tennessee that served 700+ Kababayans
- Represented during swearing-in of new US Ambassador to the Philippines H.E. Sung Y. Kim at the State Department
- Partnered with the Philippine Embassy, Philippine Humanitarian Coalition (PHC) Washington DC and NaFFAA on projects and events to promote PNAA
- Continued to flourish and reinvent the Filipino Cancer Network of America (FCNA) program in Houston, Texas and other areas
- Represented at the California Association of NP Lobby Day in support of the Senate Bill 323 - "Full Practice Authority" Legislation for NPs
- Signatory as Philippine Humanitarian Coalition (PHC) Affiliate in the letter to President Rodrigo Duterte

of the Philippines to ratify the Paris Agreement on Climate Change

- Initiated planning for 2018 Philippine Nursing Global Summit and International Nursing Conference with co-convenors, Commission on Filipinos Overseas, PNA, Inc., ADPCN
- Started planning for the 1-Day Community Outreach in our PNAA Gawad Kalinga Village in Piel, Bulacan January 27, 2018 in collaboration with the University of Baliuag and Starville GK
- Provided numerous community outreach programs and services through the different local chapters of PNAA both in the US and in the Philippines benefitting over 30,000 Filipinos

Dino,
You exceeded expectations.
You have earned your place in
the presidential roster and more to
come in 12 months.
Cheers!

Vicky

Well done, President Dino! You have performed extremely well!

Leo Jurado

Very well done & eloquently delivered,
President Dino. My hats off to how you're leading PNAA towards your set goals!

Grace Diaz-Font

Success comes from knowing that you did your best to become the best you are capable of becoming.

You are indeed an exemplary leader. Congratulations!

Lorna Imperial

It is
truly an honor and great
pleasure to serve under your term,
Mr. President. This list of achievements
accomplished only on the first half of your
administration says it all. Your generosity of
all sorts have yielded so much positive
outcomes that there is nowhere for PNAA to
go but up!
Here's to the next half!!!

Elena de Jesus

Thanks Dino for the informative and impressive outcomes of the first PNAA Cruise Convention. Any PNAA future leader wishing to function effectively must know the leadership qualities of his/her predecessors and continue to expand the professional activities in the coming years. That's what you have done Dino. You are a creative & innovative leader who focuses on what PNAA needs rather than on the traditional activities of the PNAA convention. Congratulations to you and all who made this cruise convention successful!

Carmen Galang

Judging from the flurry of
emails, the Cruise Convention must have
been a history-making event!
Dino, congratulations for the many milestones
PNAA has achieved under your outstanding leadership!
My commendation to you, the EB, the Committee Chairs
for the goals you have achieved thus far. Looking forward to
one more accomplishments in the year ahead!
Keep up the great job!
To our convention host, Manny Ramos,
Romy de Vera & the PNACF Team, congratulations for
a record-breaking convention.
Great leaders.... great results!!!

Ampy dela Paz

Congratulations for a well-executed and extremely fun convention. The FB page shows the energy and engagement of everyone!

Mary Garcia-Dia

Mr.
President, you
took the lead and we
followed. Bravo Zulu!
Kudos to all!
Ramon Sumibcay

Outstanding
PNAA Achievements
through great PNAA
leaders!

Mila Velasquez

Congratulations for a job well done to Dino and all! Cheers!

Marissa Usman

We are moving forward
where PNAA adopts to the
new ideas and current needs of our
members. This cruise convention
speaks highly
on innovation and inspiration. You are a
born to lead and inspire people.

Romy DeVera

Thank
you for this very
comprehensive report. I am
privileged to be in an organization where
there is great leadership. You exemplify a
great leader Dino; your vision for the
organization is clear and you involve everyone in
that vision. You are relentless and you want
results, you are not afraid to challenge people,
but still kind and encouraging. More to
come I am sure!!!!

Linda Gonzalez

Kudos and warmest congratulations for the wonderful and outstanding Accomplishments as stated in your 2017 SOPA at the the 38th PNAA National Convention! You are our pride and joy and, indeed, have made PNAA SHINE! Expecting for MORE at the PNAA's 39th Convention in New Jersey!! Hope to see you at the Global Summit in January 2018 in Manila!!

Clarita Miraflor

Dino, you are an inspiration & an outstanding leader! Thank you for all that you do for DNAA Congratulations! Marley Nicholas

Well done, brother. Very well done!

Your proud PNAA brother, Marlon Saria

Congratulations, Dino, the entire PNAA Team and Chapter Leaders! You went beyond traditions and moved forward with a new generation of leadership! I witnessed the enthusiasm, energy, teamwork, collaboration and the commitment to bring PNAA to a greater height. I feel good and proud to see the direction to which PNAA is moving. Keep up the good work! You have an outstanding team!

My sincerest congratulations and gratitude for your very comprehensive and impeccable 2017 SOPA which I believe you deserve these Newly Acquired Laurels. Looking forward to seeing and working with you at the Global Summit II on January 25-26, 2018 which will be held in Manila.

Seny Lipat

Letty Hermosa

Great accomplishments with the entire collective efforts of everyone to make it happen. The passion and commitment speak louder than words. Congratulations and Godspeed! PNAA moving the torch of excellence with the leadership of President Dino. More to come!

Lolit Compas

Innovative and
Inspiring leader, President
Dino Doliente III. Incredible
one year performance
outcome. Congrats!

Susan Castor

Mr President, keep
your sunglasses on as it will
be much brighter. You and your
team performed outstandingly. As I
have mentioned before, it was a
whopping 10 (10 being the best).

Mindy Ofiana

Dear Dino and all you DNAA!

I am overwhelmed with all the kudos "for a job well done," during the first ever cruise convention! Only PNAA can do such an outstanding convention and presentation! May God bless us all.

Maria R Couper

Congratulations
President Dino, EB and
Committee Chairs! ANYONE
who is INSPIRED can
accomplish GREAT things!
More power to everyone!

Beth Rosas

Congratulations, Dino!

What a tremendous
accomplishments! Thank you for your
excellent leadership, for constantly
communicating and sharing your vision to all of
us including our members. You have the power to
inspire, motivate, and engage our members. With
your optimism and determination, there will be
more positive outcomes for the
upcoming year - 2017-2018!

Merlie Ramira

I tip my hat to President
Dino, the youthful-looking, energetic, and Outstanding Leader for his gigantic achievements as detailed in his "SOPA" and sincere gratitude to Manny, Romy, and host for a one-of-a-kind event that will forever be etched in my heart and mind.

God bless and more power to you, Annie Vista



### 2017 PNAA Scholarship Grant Awardees



### JENNIFER AYING

She is a Nurse Practitioner in the Plastic Surgery Service at the VA Boston Healthcare System (VABHS). She is also a Clinical Faculty at Massachusetts College of Pharmacy and Health Sciences, School of Physician Assistant Studies, Manchester/Worchester. She was accepted to the Doctor of Nursing Practice (DNP) Program at the University of Massachusetts in Boston. According to Ms. Aying, she is pursuing her DNP because studies showed that nurses are going to have a critical role in the future especially in delivering safe, quality care and coverage for all patients in our health care system. Ms. Aying wants to be in the frontline of healthcare arena, leading the way to the future of clinical nursing and health care delivery.



### TERESITA MEDINA

Ms. Medina is the Chief Nursing Officer at Robert Wood Johnson Barnabas Health Behavioral Health Center & Network. She is pursuing her Doctor of Nursing Practice Program at Capella University. She is describes by her colleagues as organized, professional, and articulate and committed to quality patient care. She has tremendous impact on patient care delivery in every setting she oversees with measurable and sustainable positive outcomes. She has demonstrated her passion for the care of the mentally compromised patient and is a valuable asset to the nursing profession.



### IRA MARTIN

She is working as Surgical Clinical Reviewer (SCR) for the Memorial Herman ACS NSQIP, University of Texas MD Anderson Cancer Center. She is currently taking her Doctor of Nursing Practice at Capella University. She has over 20 years of diverse and rich clinical experience in various settings in healthcare including, critical care, post-anesthesia care unit, telemetry, medical-surgical, pediatric, and rehabilitation. She is responsible for starting the institution's National Surgical Quality Improvement Program (NSQIP).



### **JOANNA TRINIDAD**

Ms. Trinidad works at the Medical/Surgical Intensive Care Unit as well as in Pediatric Intensive Care Unit at University of Florida Health in Jacksonville. She is recognized for her efforts in collaboration with others to support structural empowerment through her work within the MICU unit council to promote a shared governance structure. Her goal is to complete a dual program Bachelor of Science in Nursing-DNP Dual Role (Family & Adult – Gerontology Acute Care) Nurse Practitioner at the University of South Alabama.



## Western Region (WR) Awards at Oasis Cruise Convention

By: Dr. Merlie Ramira, PNAA RVP Western Region

Congratulations to Western Region! There were several awards received by WR during the national cruise convention. These awards were the outcomes of a great teamwork - each chapter contributed to the WR team to make this happened! Members made a difference!

### **Membership Awards**

**PNAA Western Region** - Achieving the Highest Regional Membership Percentage Growth for 2016-2017

**Dr. Merlie Ramira, RVP Western Region** - Recognition for Fine Leadership and Extra Ordinary Determination in Reaching the Unprecedented Membership Growth of Western Region for 2016-2017

**PNA Greater Sacramento** - Achieving the PNAA Membership Goal of Re-establishing their Chapter in 2017

**PNA Greater Sacramento** - Achieving the Highest Chapter Membership Percentage Growth for 2016-2017 - from 1 member to 101

**PNA Central California** - Fully embracing the PNAA Membership Goal of Utilizing Online Membership Registration in 2017

**PNA New Mexico** - New Chapter for Western Region

**PNA Arizona** - Chapter's Consistent Submission of Monthly Membership Registration Report in 2016-2017

PNA Arizona - Achieving 50% or Above Chapter Membership Percentage Growth in 2016-2017

PNA Arizona - Achieving the 3rd Highest Chapter Membership Number for 2016-2017

PNA Arizona - Achieving the 3rd Highest Chapter Membership Number for 2016-2017

PNA San Diego - PNAA PRIDE Award for Newsletter

PNA San Diego - Highest participation in PNAA Survey

Western Region Broadway Presentation "Lion King" - Trophy for the Most Outstanding Performance - Directors - Vivian Sanderlin & Ramon Sumibcay with participation of all WR delegates including our President DinKing - a beautiful, wonderful, fun presentation.

### 3K Zumbathon

PNA Hawaii - first-place for Highest Chapter Fundraising Top Fundraisers - Trophy awards

Araceli Antonio - first place | Dino Doliente - 2nd place | Dr. Merlie Ramira - 3rd place Top Teams - Trophy awards

PNAAF - 1st place | PNA Hawaii - 2nd place | PNA San Diego - 3rd place Top Groups - Trophy awards

Western Region - 1st place - \$8,085.00 PNAAF - 2nd place - \$4, 515.00 South Central Region - 3rd place - \$3,666.00





# PNAAZ 2016-2017 What a Journey it Has Been

It was nearly a year ago when PNAAZ officers, board of directors, and new members were inducted on August 20, 2016. Then, two weeks later the first meeting happened drawing the map for PNAAZ activities. It was also a day of getting to know each other and approving the proposed projects for the entire year. Of course, there was a little bit of resistance from a couple members and questions regarding the validity of the projects/fund raising, where the money was intended, and ensuring they upheld the bylaws of the organization. In the end, it all worked out. As months progress, camaraderie sets in.

The first 120 days of PNAAZ activities were an overwhelming experience to many of us, especially the new members. PNAAZ calendar of events overflowed because of unexpected invitations from other Filipino and Asian American community organizations that could not be declined because of their worthy causes. So much so, that at the beginning of the year on January 2017, it was agreed upon to limit the activity to one event a month (aside from the monthly meeting) to preserve the members energy and family time.

Today, we wanted to share with you how PNAAZ flourished following the mantra "be inspired and innovate" of PNAA President Dino Doliente and PNAAZ "Rediscover your passion." PNAAZ is thriving to inspire its members to be more active and engage in activities where their hearts beat for.

PNAAZ maintained its tradition of 1) education, 2) community services, 3) mentorship, and 4) cultural preservation

Education: PNAAZ continues to enrich members nursing profession through its annual fall conference. The first was held on September 24, 2016. Currently, the educational committee is planning the fall 2017 conference, which is set for September 30th. PNAAZ likewise successfully finished a project called, "Education for the youth," an innovation because of its multi-purpose "teaching, sharing of knowledge, and reaching out to community." On July 8, 2017, PNAAZ empowered the youth with the knowledge of Cardio Pulmonary Resuscitation,

which was participated by 37 attendees that included the youth, adults, and even a young pregnant lady.

Community Services: In the last three months of 2016, PNAAZ served the Philippine American community with two health screenings, feeding the homeless at St. Vincent de Paul, and Simbang Gabi sponsorships, which provided food after mass celebration. The concept for a "Fun Run" fundraising event was a "Healthy Heart, Happy Family and Cancer Care Networking." After the fun run, Fr. Reggie officiated a healing prayer especially for PNAAZ friends and loved ones with cancer. Afterwards, an Angel ornament was distributed and each cancer survivor shared their stories on how they surpassed their ordeals.

On January 2017, members of PNAAZ volunteered in two medical missions in the Philippines. First, was in Tanay Rizal with 9 medical and pediatric MDs, 2 dental buses with a number of MDs, 1 OB-Gyne MD, 1 Optometrist, and lots of nurses pharmacist and volunteers. The mission had served a large number of indigents - 1,300 adults and pediatric patients, 300 dental patients, and unreported number of OB and Vision patients. The second medical mission was the Lions surgical eye cataract mission in San Pablo city, where 97 patients were successfully operated with no complications. Two separate "Feeding the Needy" events were also completed, one in UP-PGH and the other in Pampanga. Coming up next is volunteering at St. Vincent de Paul on August 19, 2017.

Mentorships: For every project of PNAAZ, a team leader was assigned and given the opportunity to develop, manage, and execute a project. Officers and board members guided the team leaders throughout the process.

Preservation of culture: For more than a decade, PNAAZ has been a member of the committee of the Philippine Independence Day Celebration (PIDC). It is celebrated in two separate weekends – cultural and banquet, respectively. Year after year, PNAAZ decorated both stages with cultural significance using the year's theme. Given the time to practice, PNAAZ also performed cultural dances.

On December 2016, PNAAZ was invited to join the American Asian festival celebration. Once again, PNAAZ members decorated the booth that showcased the Philippine culture and heritage, as well as participated in the cultural fashion show. Today we were already asked to be the assistant director for the upcoming winter celebration.

In conclusion, our first year was indeed very busy. To all the officers and members, thank you for making this a rewarding year.



Education for the Youth- CPR Awareness 7/8/17

Cataract surgical mission San Pablo city, 1/30



Cancer care networking Nov 12, 2016

2017 Nurses Week, Hawaiian theme



Signing of document for \$1000 donation for UP-PGH feeding the needy 2/2/17

Tanay medical dental mission. Jan 28,2017



Philippine Nurses Association of San Diego

## **PNASD Delegates attended the PNAA Oasis of the Seas Cruise Convention**

By: Vivian D. Sanderlin, BSN, RN, PHN President - PNA San Diego

Several delegates from San Diego, California attended the Philippine Nurses Association of America's 38th National Cruise Convention hosted by PNA Central Florida. The attendees were Dr. Merlie Ramira, Vivian Sanderlin, Vickie Berbano, Chona Lutap, Erlinda Mascardo, Dorothy Brown, Gigi Narisma, Glynn and Gina Cascolan, and Rose Reiss, Cynthia Galarpe and Emmy Guanzon (first time attendees). The group boarded one of the largest cruise lines in the world, Oasis of the Seas with a capacity of 6, 500 passengers. The ship is huge, has 17 floors, 7 dining areas, a golf course, Central park

with a live garden, Zip line, 3 swimming pools, a HILIPPINE NURSES ASSOCIATION of SAN DIEGO COUNTY, INC. Vivian Sanderlin, PNASD President & Erlinda Mascardo, PNASD President-Elect rock-climbing wall and its own shopping mall. More than 300 PNAA member nurses from different Chapters of United States registered at the Convention.

A welcome greeting by PNAA President, Mr. Dino Doliente and the Chapter host, Mr. Manny



registration. There were familiar and first time attendees smiling and happy to meet and greet everyone holding their complimentary drinks. The cruise convention aimed to Inspire and Innovate (theme) each delegate to enhance their nursing profession through Leadership Institute, Workshop, APN Forum followed by an Education Day (July 24 and July 25, 2017).

The Convention's aim to provide leadership skills, importance of attaining higher education, develop inter-professional education, importance of feedback in leadership, mentorship, administration and research were attained.

The
Networking
night was the
most fun event as
each chapter had
a parade at the



Front -Gigi Narisma, President PNASRC, Vivian Sanderlin, PNASD President, Dino Dollente-PNAA President, Erlinda Mascardo, PNASD President elect, Rose Reiss, Member Back – Dorothy Brown, PNASD Photographer, Gina Cascolan, PNASRC President-elect, Lt Coronel (Ret.) Glynn Cascolan, Member

Newsletter Award, first time ever that San Diego received Pride award.

The Broadway show followed the awards with presentations of PNAA & PNAAF, Eastern Region, North Central, South Central and Western Region with their skit play of the The Lion King -DinKing: The New King of IPNAA

beginning of the program, each region presented their Broadway Musical Show.

Master of President Dino Doliente, RVP, Dr. Merlie Ramira, President Vivian Sanderlin, PNASD President, PNASD President, Vivian Sanderlin, PNASD President, PNASD President, PNASD President, PNASD President PNASD PRESIDENT PNASD PNA

Ceremonies, Mr. Jonathan Gecomo kept the program lively with his natural comedic style of emceeing. It was a pleasant surprise when PNA San Diego was called to receive the Pride Award on Best Editorial –



Kingdom with President. Dino as the DinKing, Dr.



costumes. It was worth the time spent rehearsing over the phone and practicing the acts 2 days before the event as the Western Region won the Outstanding Performance award of the night. It was indeed the happiest occasion in the convention for the Western region as we captured awards on other areas as well such as membership, highest 2nd fundraiser (Hawaii) and Dr. Ramira on Fine Leadership to increase Western region membership.

During the Awards Gala Night nurses wore glitter gowns and the 2017 Scholarship and Excellence Awardees were presented, PNAA Foundation New Officers were inducted, presidential awards were given, Lambada dance by host PNACF and San Diego R&L dancers performed a surprise group tango. The night ended with guests singing the PNAA Hymn followed by DJ dancing all night.

The 3K Zumbathon was also a memorable day that started at 5:15 am with Zumba warm-up led by Vivian Sanderlin, PNASD President, followed by 3K run/walk on deck 5. Each Chapter member wore their assigned colored T-shirt. Gerald and Emy Briney from Western Region captured the best male and female runners. Everyone who participated with the run/walk received a medal. The oldest walker was an 88 year old from San Diego, Ms. Fe dela Cruz. The highlight of the program was when trophies were given for the 3K highest fundraisers. San Diego was the 3rd place winner. The ship arrived at Labadee, Haiti were PNAA members and family enjoyed the

white sand private beach and picnic lunch prepared by the cruise ship. There were team building at the beach by some chapters and many members enjoyed



Dr. Merlie Ramira, RVP Western Region & Vivian Sanderlin, PNASD President



Western Region Delegates

swimming, experienced riding the longest Zip line in the world and watched the dance-acrobatic show by the island's Native people.

The Last day of the Convention was a half day of General Assembly meeting chaired by the President and his Board. Roberts' Rule was discussed, voting by members on By-laws amendment accomplished and the program ended with necrology service for the deceased. The members enjoyed the half day General Assembly meeting as it gave them extra time to watch the ships entertainment shows, tour the ship, talk with friends and dine with gusto.

Thank you to PNAA with the leadership of Mr. Dino Doliente, the host of this Convention PNA Central Florida led by Mr. Manny Ramos for their effort in making this Convention as one of the most successful PNAA National convention.





Philippine Nurses Association of San Diego

## PNASD Community Outreach: Collaboration with Philippine Cultural Arts Festival

By: Vivian Sanderlin, BSN, RN, PHN



PNASD serves diversified community of San Diego and collaborates yearly with Samahan Filipino American Dance Troupe to manage the First Aid booth at the Philippine Cultural Arts Festival. This year the event was held on June 24-25, 2017 at President's Way, Balboa Park, San Diego, CA. The event featured various cultural dances from the Philippines which were overwhelmingly attended by people of different cultures and walks of life. PNASD members volunteered in the First Aid booth, performed blood pressure checks and provided health education teachings to members of the community.

First aid incidents included few minor cuts and bruises. There were 28 PNASD volunteers

composed of RNs, LVN, student nurses from Concorde College, and corpsmen from Balboa Naval hospital. There were approximately 160 clients served during the two days event. PNASD gave certificate of participation to volunteers at the conclusion of the event and encouraged members to participate with community outreach and volunteer works to make this world a better place to live in.







## 38th Annual PNAA National Convention - July 2017

Philippine Nurses Association of Georgia



Delegates to PNAA 38th Annual Convention, July 2017

Ten delegates from PNAGA was excited to join the Oasis of the Seas Cruise for seven days. This was a one-of-a-kind, unique trip for PNAGA! The delegates brought with them the enthusiasm of convincing everyone that Atlanta, GA is the right place for the 2019 40th National Convention. A short video was presented to the PNAA delegates, detailing exactly how Atlanta is ready and able to entertain members of the

organization and hold the national convention.

At the end of the PNAGA presentation, Atlanta was voted to host the 40th PNAA National Convention in 2019. Secondly, PNAGA received two awards for increasing their membership by 50% and introducing their new subchapter, PNA of Macon, GA.

Also, it is with great pride and joy to announce that our very own Pam Peterman is



Some delegates of PNAGA pose for a picture after completing the 3k Run

the recipient of the 2017 PNAA Community Service Award. Pam is a very active PNAGA member and one of the founders of the Philippine Nurses of Georgia Foundation - a 501c organization. She is a nurse practitioner and she also renders various humanitarian services to the community, both locally and internationally. She is very active with the Missionaries of the Poor and travels worldwide to provide her services to the needy. Pam is also the past President of PNAGA and has held various PNAA committee membership roles in addition to past President of the Fil-Am Association of Greater Atlanta, GA. Lastly, Pam is recognized for her significant contributions in enhancing the image and the quality of life in the Filipino-American community over the past years.

Congratulations, Pam! You certainly deserve this award; thank you for your inspiring service!



Pam Peterman, receiving her Nursing Excellence Community Service Award. Pictured with Romy De Vera PNAA SCR Vice President



### **PNAGA**

Philippine Nurses Association of Georgia

### Nurses Week May 2017

Merlyn F. Walker, PNAGA Treasurer 2016-2018

Congratulations to all active nurses and those who are retired! We acknowledge and honor you all for your tireless efforts in caring for the sick. More specifically, we honor all nurses for their unending contributions in providing excellent nursing care. To illustrate, in the state of Georgia, the Atlanta Journal Constitution honored specific nurses that have demonstrated excellent care and exceeded standard nursing expectations. This is the 12th year of celebration in which ten highly esteemed nurses were nominated and honored by their colleagues.

In addition to this celebration, PNAGA honored their Filipino nurses. On May 6, 2016, the PNAGA gave undergraduate and graduate scholarship awards to two worthy recipients. It was a privilege to honor these young Filipino nurses per their passion in providing excellent nursing care to their patients. The honorees for the undergraduate award was Maria Salud, and the graduate award recipient was Leah Magdaraog.

Also, the Florence Nightingale Award was awarded to Venus Soriano per her unyielding dedication to nursing and demonstration of passionate care. And, in addition to this honor, Venus has previously accepted numerous nursing awards including the AMC Nurse of the Year Award, 2011, and the March of Dimes Nurse of the Year



Award, 2010.

Lastly, we celebrate the creation of the professional organization subchapter, Philippine Nurses Association of Macon, GA. This up and coming subchapter currently has 20 Filipino nurses who are willing to expand their

professional include humanitarian services.

Congratulations to you all and we thank you for your excellent service!





### PNASD/PNASRC

Philippine Nurses Association of San Diego County Philippine Nurses Association of South Riverside County

### PNASRC partners with Palomar/Pomerado Hospital

Gigi Narisma, MSN, BSN, RN - PNASRC President

President Gigi Narisma and President-elect Gina Cascolan of the Philippine Nurses Association of South Riverside, subchapter of PNASD, met with Mr. Bob Hemker, Chief Executive Officer of Palomar/Pomerado Hospital on August 4, 2017 and discussed partnership between PNASRC and the hospital. Mr. Hemker agreed to support PNASRC's community outreach programs, education, and nursing scholarship.



Gigi Narisma, PNASRC President, Mr. Bob Hemker, CEO of Palomar/Pomerado Hospital, Bing Desamero-Sison, MSN, RN-new member, Gina Cascolan, PNASRC President-Elect



Philippine Nurses Association of Arizona

### **Medical Mission in Cebu City**

Amy Laxamana - PNAAZ East Valley President



The members of the PNAAZ East Valley Subchapter Dream Team are getting ready on their medical mission in Cebu City on October 26-October 30, 2017. The members include Amy Laxamana, Ajay Manabat, Melody Orillo, Donnabella Maglalang, Mydee Vergel de Dios and Rosemarie Garrido. Their goal is to serve the underprivileged citizens of Cebu City and to feed two orphanages, the Home of Love & Little Children of Christ the King. The chapter will ship two 'balikbayan' boxes filled with clothes, school supplies, and stuffed animals to be distributed to the children.



Philippine Nurses Association of Arizona

### **PNAAZ East Valley Subchapter Members received DAISY Award**

By: Amy Laxamana - President PNAAZ East Valley

Three members of PNAAZ East Valley Subchapter received DAISY Award (Diseases Attacking the Immune System). The DAISY Award was created in honor of Patrick Barnes who experienced the best of nursing care during his hospitalization. The Extraordinary DAISY nurses who received the award were Amy Laxamana, Ajay Manabat, and Roxanne Raganit Tenorio. Congratulations and keep up the great job.



Amy Laxamana, PICC, RN, CRNI, VA-BC President -PNAAZ East Valley Sub-Chapter



Ajay Manabat, BSN, RN
President-elect East Valley Subchapter



Roxanne Raganit Tenorio, BSN, DNP student East Valley Member



Philippine Nurses Association of San Diego

### PNASD's 4th Induction and Orientation of New and Renewed Members and Town Hall meeting with President Dino Doliente

By: Vivian D. Sanderlin, BSN, RN, PHN President – PNA San Diego

'The 4th Induction and Orientation of New Members of PNASD was held at Sharp Spectrum Auditorium in San Diego, CA. on July 16, 2017. The theme of the event was "Enjoy Your Summer" with new members receiving summer hats from PNASD. President Vivian Sanderlin started the program with introduction of the Board of Directors, Officers and other members. She enumerated PNASD accomplishments and activities from April to end of the calendar year. Dr. Eric Mc Donald, Medical Director of the Epidemiology Clinic of the County of San



Dr. Eric McDonald, Vivian Sanderlin & Erlinda Mascardo

Diego Health and Human Resources was the guest speaker and had a great presentation of health updates on Hepatitis A, Zika virus, Influenza and Pertusis. PNASD provided one CEU certificates to attendees.

Mr. Dino Doliente, PNAA President attended and inducted new and renewed members. It was the first time that he experienced on how PNASD conducts the New Membership Program. Dino held a town hall-like meeting with members and discussed issues with them. After the Induction, each member came up to the microphone to say a few words of why they joined PNASD. A power point presentation of the benefits in joining PNASD was presented by President-elect, Ms. Linda Mascardo. Certificates, lanyards and a hat were provided to each of the new inductee.

Some testimonials from new members about their experiences on PNASD Induction and members' meeting.

"Prior to the event, I had the opportunity to volunteer with Ms. Cris and Ms. Linda at the COPAO Consular Services event for BP screenings and patient education. They were very warm and welcoming and that made me want to join PNASD. At the induction, the welcoming committee did a great job and I was already impressed on how organized the sign-in was. I proudly wore my PNASD lanyard with nametag and mingled with members over the breakfast provided by Ms Debbie from CSUSM who was there that day to talk about educational opportunities. Dr. McDonald's presentation was relevant and he was very knowledgeable and was generous to share that knowledge to us. Mr. Dino, who was the PNAA President headed the oath of membership and it was such an honor that he gave us the time for this momentous event.

As a new member, I felt special and I knew that Ms. Vivian and the rest of the members are present for us and



President Doliente inducted PNASD new members

will provide us mentorship to become better nurses. I am very honored to be an official member of PNASD and I look forward the doors of opportunity that are about to open for me and my fellow new inductees." -- AJ Amurao

"I would like to thank everybody for such a warm and welcoming induction. I am really excited to see how I can build character as a student nurse and give back to the community with the guidance of such respected and active members of the community. I especially enjoyed the educational talk by Dr. McDonald as well as the visit from President Dino. Thank you again!" -- Janelle Morena

"I wanted to take the opportunity to thank you once again for the very warm welcome to this organization. I look forward to many years of being an active member. Thank you so much!

The PNASD General meeting and New Member Induction was a big success! I learned about the benefits

of becoming a PNASD member, I had the opportunity to meet very welcoming board officers - which included the President of PNAA. I earned a CE unit following a well put together information by Dr. McDonald from Public Health of San Diego. I am looking forward to many more meetings as a PNASD member." -- Sahara Aguilar



"First and foremost, I would like to express my gratitude to the members of PNASD for being so welcoming at Sunday's induction/orientation. I am excited to be part of something that is so actively involved in its community

and deeply rooted in Filipino culture. As a new member of PNASD, I look forward to learning and growing as a student nurse." -- Marygrace Orencia

"It was such a pleasure meeting you at the general membership meeting last Sunday. It was especially nice for Floyd, because he saw just how strong of an organization PNASD is. I'm proud to say we are members of an organization that gives back to the community and that PNASD is helping Filipinos to be recognized as a strong force in the nursing profession. The networking opportunities here are limitless; our reach is national and international. Scholarships encourage future generations of nurses to aim high. Thank you for all you do. Hope to see you again soon!" -- Pam and Floyd Rosario

Back - New and renewed members Front - Cece Echon, BOD member, Dr. Merlie Ramira, RVP WR, President Dino Doliente, PNASD President Vivian Sanderlin, Chona Lutap, BOD member



Philippine Nurses Association of Southern California

### PNASC 3-in-1 Event

# General Assembly, Educational Offering and Nurses Week Celebration -- My Thoughts and Experience

Aaron Visico, MSN, RN



As one of the newest members of PNASC, I had looked forward to participating and involving myself in the PNASC 3-IN-1 Event hosted on June 17,2017 at The Grand Long Beach. Here, I had hoped to meet new people, and re-visit familiar faces in a setting that would help contribute to my learning and development as a new nurse. This particular event allowed me to fulfill these expectations, and meanwhile, help me to understand the organization and its function throughout the nursing and patient community.

Throughout the day, I was introduced to both new people, as well as new topics, in which would afford myself to get a better understanding of the nursing practice. I enjoyed and learned much regarding the topics, such as: Traumatic Brain Injury, Pulmonary Arterial Hypertension, and Mindfulness to Nursing Students: A strategy in promoting self-care. These were helpful in allowing me to learn and understand some of the challenges posed in these areas of nursing, along with gaining assessment strategies, and providing me knowledge on the research behind the practice, while also giving me a means of applying relaxation to help care for myself. As informative as all the presenters were, they kept both myself and the audience engaged. Also, at this event, I was introduced to fundamental parts of how the organization operates: finances, assembly,



reports, etc. Here, Hearned the impact of teamwork, communication, along with organization, and its relationship to maintaining function. Reviewing past events, outcomes, and future goals were just as important as it provided feedback from the year's successes and even things that could be improved.

Ultimately, the organization is complimentary to both board-committee and member, in the sense each is able to work in unison to create something that will help lead to local community or state-wide impacting change, in regards to healthcare.

Community outreach (healthy heart), Legislative human rights (bill proposals), are just a few to mention, in ways that the organization has influenced the local and state wide levels of healthcare. At my first meeting, as a new official member, I was pleased, excited, and thankful, to have involved myself. I look forward to future meetings and events, as well as opportunities to help my career develop and more importantly, help the organization grow to meet its future goals.





### PNASC

Philippine Nurses Association of Southern California

# 2017 Family Fun Day

Adolfo Famas, BSN, RN, CCRN PNASC-WLA Subchapter-President

The PNASC - West LA Subchapter in collaboration with PNASC sponsored a Family Fun Day at Maple Park Gymnasium on April 29, 2017 in



Brenda Cohen. Emma Cuenca and Mindy Ofiana; current officers and members as well as as our current PNAA President

Glendale, California. The social event came into fruition in response to the membership campaign initiative, both at the local and national level of the Philippine Nurses Association of Southern California(PNASC) and Philippine Nurses Association of America (PNAA), respectively. The prime movers of this professional organization have always strongly believed that increasing and sustaining its membership is vital to the viability in the competitive world of social and professional organizations. Robust membership is required for an organization to stay relevant, effective, and successful in achieving its goals and objectives moving into the future.

The social event exceeded our expectations! With the presence of our esteemed PNASC Past Presidents Mila Velasquez, Pat Hoerth, Josie de Jesus, Dino Doliente, we touted our rich history as a founding chapter of the PNAA, celebrating our 55th year in 2016 and having Dr Clarita Miraflor, our first PNAA President as a lifetime PNASC member! Our mission, vision, and contributions through our different committees in the community and our respective workplaces in the healthcare industry, and the ACT MORE

(Activate-Collaborate-Through-Mentorship-Outreac h-Research and Education) leadership mantra from our current chapter president Sonia Sabado, were laid out before its members and extended families in an informal, light and relaxed atmosphere outside of our quarterly assembly. This, for me, by any means, is the best way to get the word out there of who we are as a professional organization!

The event fostered camaraderie and promoted a



comfortable environment where our roots and tradition, be they in the form of music, dances, games peppered the celebration. More importantly, the variety of delicious Filipino cuisines served up in a meticulously designed-fit for the occasion, satisfied every attendee of epicurean tastes. For an inaugural event, it was a good turnout with 104 attendees!

Knowing and immersing ourselves to be in the moment as a professional organization was truly an eye opener. Yes, it is possible to be one with a strong voice as Filipino-American Nurses across multiple disciplines and specialties to celebrate the many contributions in the profession of Nursing that we have always been known for; and in the country that we can practice our best and journey on to our highest potential. It is now our challenge to make an impact with that strong voice in advancing the organization's ideals to secure our relevance in the future while solidifying the present and preserving the past. We owe this to our founding leaders and the future generations to come! On behalf of the PNASC-WLA Subchapter and the PNASC, I look forward to seeing you in our next Family Fun Day event!





### **Committee: Office of International Affairs**

Director: Victoria B. Navarro, MAS, MSN, RN

PNAA Committee Report 2016-2017 38th PNAA National Convention July 23-30, 2017 Aboard Oasis of the Seas

### **Committee: Office of International Affairs**

Director: Victoria B. Navarro, MAS, MSN, RN

PNAA Committee Report 2016-2017 38th PNAA National Convention | July 23-30, 2017 Aboard Oasis of the Seas

No	Goal	Status Update/Summary (2016-2017)
1.	High Impact, Sustainable Nursing Initiative: PNAA Partnership with POLO Phil Embassy, Wash D.C.: New Paradigm on Ethical Recruitment of Foreign Educated Nurses - Proposed Provisions on Termination and Breach on Employment Agreement  Task Force Chair V. Navarro, cochair Labor Attaché, Saul De Vries; multi-stakeholder members: Nursing, CGFNS/Alliance, recruitment agencies, hospital recruiter, health policy expert, immigration lawyer (Feb-July 2017)	<ol> <li>Completed Proposed Provisions:         <ul> <li>a. The Nurse shall not be required to pay any liquidated damages or breach fees if the cause of pre-termination is due to any of the just cause offenses committed by the employer/company or its agents.</li> <li>b. identified allowable costs not due if Nurse completes 18 months of employment. Less than 18 months, responsible for the pro-rated allowable costs estimated in Employment contract; shall have 12 nurse months to pay in equal installments.</li> </ul> </li> <li>Completed Accompanying Document Guidelines for Recruitment Process: responsibilities of nurse, recruiter, employer.</li> <li>Obtained 12 comments: ILO (Geneva), ILWRG (International Labor Recruitment Work Group, ANA, CGFNS, NaFFAA, NAINA, NCEMNA, PNAA, Recruitment Agencies etc</li> <li>Submitted above documents to POEA 17 July 2017. Topic will be presented with a panel discussion during 2018 Filipino Nurses Global Summit II with DOLE Secretary Bello, POEA Deputy Administrator A. Ruaro.</li> <li>If accepted by POEA, plan for mass communication, education by PNAA, Talakayan at the Philippine Embassy in Feb - March 2018.</li> <li>1 recruitment agency committed to pay for 2 year PNAA membership for new recruits upon arrival to US. Another agency considering.</li> </ol>
2.	Corporate Social Responsibility (CSR): Partnership w Phil Embassy on Consular Outreach Services (PNAA Coordinator: Ms. Virginia Alagano with First Secretary and Consul Katrina Borja-Martin)	Completed: 2016: PNA Orlando 2017: PNA Tennessee 2017 Planned: PNA MiamiSEF, PNA Central FL, Northeast FL, PNA South Carolina 2018: PNA North Carolina, PNA Alabama Requesting: PNA San Antonio  Total # of Serviced Kababayans for Consular Outreach : 400 + 206 = 606  Total # of Serviced Kababayans for Dual Citizenship : 75 + 30 = 105  V. Alagano received Letter of Commendation from Philippine Embassy Charge d' Affaires, Patrick Chuasoto
3.	Continue Nursing Curriculum Concurrency project in Collaboration with PNA SC and Elevate to Generation II. (Project Director: Ms. Nancy Hoff)	As of July 2017, 246 nurses completed required courses in compliance with California Board of Nursing to qualify for US RN Licensure. Participating community colleges w 1 university expanded in Southern, Central, Northern California (5).  PNAA provided \$8K seed money in 2014 to community colleges. Currently, nurses are paying for tuition and student expenses.  N. Hoff working with University in SC on a program to facilitate nurses to pursue masters degree.

### **Committee: Office of International Affairs**

### Director: Victoria B. Navarro, MAS, MSN, RN

PNAA Committee Report 2016-2017 38th PNAA National Convention | July 23-30, 2017 Aboard Oasis of the Seas

No	Goal	Status Update/Summary (2016-2017)
4.	Re-establish relationship with Department of Health and assess continuation of training of 2 <sup>nd</sup> cohort of Nurse Anesthesia specialists to provide anesthesia support services in remote barangays (Initiative of former DOH Secretary ONA)  Project Director: Ms. Jenny Aying with Dr. Pretchell Tolentino Division Chief Learning and Development Division Health Human Resource Development Bureau, Department of Health	<ol> <li>First cohort completed training in 2015. Due to change in Philippine Dept. of Health Secretary, project was put on hiatus.</li> <li>Current Secretary of Health Paulyn Ubial re-established program, supported by Mr. Roger Tong-an, PNA Inc. past president, currently Undersecretary of Health. Ms. Aying is re-convening team of US nurse anesthetist practitioners and educators.</li> <li>Cohort 2 started July until December 2017 (didactics and practicum) with 18 trainees from the DOH regional hospitals. Cohort 1 graduates are coordinators and preceptors for Cohort 2.</li> <li>Follow-up Plan: track and monitor of current responsibilities and status of Nurse anesthesia specialists, qualitative and quantitative research on patient outcomes, nurse satisfaction etc.</li> </ol>
5.	Build relationships with new appointees influencing Nursing Practice under the administration of President Duterte: PRC (Professional Regulation Commission), CHED (Commission on Higher Education), Philippine Board of Nursing (Project Director: Remedios A. Solarte)	1. Communications sent to PRC: Teofilo S. Pilando, Jr., Chairman Angeline T. Chus Chiaco, Commissioner Yolanda D. Reyes, Commissioner 2. UPDATE: Resolution NO. 2012-668 Series 2012 RNs who want to practice back in Phil do not need to retroactively pay licensure for years worked overseas.
6.	Special Assignments:  1. Partner with Philippine Embassy, Philippine Humanitarian Coalition(PHC) Wash DC, NaFFAA on projects, events to promote PNAA  2. Represent PNAA and PNAAF Presidents in Phil Embassy Events  3. Global Summit II Marketing	<ol> <li>a. PNAA and Phil Embassy reception for 2016 FAAN recipients</li> <li>b. PNAA &amp; PNAAF signatory in Philippine Humanitarian Coalition letter to President Duterte to ratify Paris Treaty on Climate Change.</li> <li>c. PNAA,PNAAF, PNA Metro DC partnered with PHC for assistance to Bohol typhoons with solar lanterns.</li> <li>d. Coordinating with Chair of Political Advocacy (M. Ofiana), position on Health Care Bill for NaFFAA (D. Pacquiao authored article); letter of support for NY Gov. Cuomo to sign BSN @ 10 (sponsored by NYONEL).</li> <li>2. Events attended:         <ul> <li>a. CUGH (Consortium of Universities for Global Health) on Heathy EcoSystems 04/17/16.</li> <li>b. Swearing in of new US Ambassador to the Philippines H.E. Sung Y. Kim at the State Dept.</li> <li>c. US Presidential Inauguration Event 01/19/17.</li> <li>c. Talakayan w/ Secty of Foreign Affaires, Perfecto Yasay. 9/16 /16</li> <li>d. National Federation of Philipino American Associations (NaFFAA) first Leadership Development Summit May 15-16, 2017 Wash DC. PNAA working on position Statement on Health Care Legislation. PNAA working on position Statement on Health Care Legislation e. Talakayan w/ BSP Bangko Sentral ng Pilipinas, Gov. Amando M. Tentangco.lr. 04/18/17.</li> <li>f. Phil Independence Day, 05/8/17</li> <li>g. US Immigration &amp; Customs Enforcement (ICE) Dept. of Justice -Executive Office for Immigration Review (DOJ-EOIR). Navarro comment on Immigration arrests creating Fear in Immigration Review (DOJ-EOIR). Navarro comment on Immigration arrests creating Fear in Immigration Review (DOJ-EOIR). Navarro comment on Immigration arrests creating Fear in Immigration Review (DOJ-EOIR). Navarro comment on Immigration Accommunities feature in US Inquirer.net, 06/29/17.</li> <li>h. PE Talakayan W/ Acting Secretary Foreign Affairs. Enrique Manalo. DFA Endorsed GSII 5 May.</li> <li>i. Mindanao Update in the Affermath of</li></ul></li></ol>

### 2017 Global Nursing Recognition Award THE 1st ANNUAL CELEBRATION of

International Nurses Day at the United Nations

Nurses' front line roles in tomorrow's global health delivery.

By: Teresa Damito, BSN, RN, RNC-OB Secretary: PNANJ Middlesex Subchapter



### Nurse with Global Impact

Myrna Young, MSN, RN, CNOR, Nursing Education Specialist-RWJ Barnabas Health

Myrna Young, received the 2017 Global Nursing Recognition Award during the first annual celebration of International Nurses Day which was held at the United Nations on May 12, 2017.

Myrna has been a prominent member of Philippine Nurses association of New Jersey. She served as Middlesex County subchapter president from 2012-2014.

Young was honored for her contributions to advancing nursing education and her service to the profession and the community worldwide.

"I am humbled and honored

to accept this prestigious award on behalf of Robert Wood Johnson University Hospital," Young said. "If you ask any nurse, I am certain that he or she would say that nursing is much more than a vocation, it is a calling and a passion. Every day, I do my best to live this passion and give back to nursing through education, mentoring and service to others. This achievement would not be possible without the support I have received from my dedicated colleagues and the leadership at RWJUH."

"At RWJUH, we are committed to fostering an environment that encourages learning, professional development, the pursuit of research and service among our nursing professionals," remarked by her nominator, Lori Colineri, DNP, RN, NEA-BC, Senior Vice President and Chief Nursing Officer for RWJBarnabas Health Southern Region and RWJUH. "Myrna shares this commitment and has played a central role in establishing this culture while helping our nurses thrive within it. We are thrilled that she has received international recognition for her efforts."

Young earned her Diploma degree in Nursing at Marian School of Nursing in 1974, Bachelor of Science in Nursing from Far Eastern University in 1976 and Master of Science in Nursing Administration from Seton Hall University, South Orange, New Jersey in 1988. She has held numerous positions in the nursing field including staff nurse, head nurse, clinical supervisor and nursing director of many specialty care units as well as Assistant Vice President of the Operating Room, prior to her current role. In addition to her hospital positions, Young has served as a Legal Nurse Consultant for Peri-operative Nursing and Clinical Associate/Adjunct

Professor for the Rutgers College of Nursing. Young has been a member of Philippine Nurses Association of New Jersey, Philippine Nurses Association of America, Sigma Theta Tau International Nursing Honor Society, Association for Operating Room Nurses, Organization for Nurse Leaders and National Association of Clinical Nurse Specialist.

She has made significant contributions in improving all facets of clinical practice through the development and implementation of education programs for more than 7,000 employees. She is the enterprise system administrator for the hospital's Healthstream online education programs, coordinator of the RN Residency Leadership Program and Path to Professional Nursing Program. She is the facilitator/chairperson of numerous Shared Governance committees. Myrna is also the liaison /coordinator of International Magnet Mentorship, an ongoing RWJ project with St. Luke Medical Center in the Philippines...

Serving others has always been one of Young's passions. As a member of the PNANJ, she coordinated several outreach efforts to help those in need including the Food Drive: Feed America Campaign to benefit several food pantries in New Jersey; gift donations during the holiday season for New Brunswick children in need, the Tackle Sickle Cell blood donation effort, and a clothing and food drive to benefit Hurricane Sandy victims.

As President of PNANJ Middlesex sub-chapter, she spearheaded multiple fundraising initiatives on the international level such as a fund drive for the Philippine Medical Mission and Nandadeep Hospital for the Blind in India as well as the Typhoon Haiyan relief drive in 2013. Shortly after Typhoon Haiyan struck the Philippines, Young and the Middlesex County PNANJ Chapter organized a hospital-wide fund drive and donation campaign. Her team collected 50 large boxes of clothing, food and emergency medical supplies and raised more than \$12,000 to benefit victims of the natural disaster. Myrna is also a member of the Knights of Rizal/ladies for Rizal Morris county chapter and serves as the Chairman of the Board for the ladies for Rizal.

In addition to these efforts, Young has given numerous presentations at regional, national and international professional nursing conferences and has received many local and international awards for her leadership, education and community outreach efforts.



(RWJ/PNANJ Colleagues: Claudia Pagani, Kathy Zavotsky, Lori Colineri, Myrna Young, Suzanne Gregory, Jay Layug, Victoria Pangilinan, Teresa Damito and Rhudelyn Rodrigo)

### CALL FOR MANUSCRIPTS

The Journal of Nursing Practice Applications & Reviews of Research (JNPARR), the official international, peer-reviewed publication of the Philippine Nurses Association of America, is calling for authors to submit manuscripts. The JNPARR covers topics on Nursing Practice, Education, Administration and Research.

## Deadline for Submission: October 15, 2017

Publication Date: January 2018

Prospective authors may contact the editorial staff for inquiries.

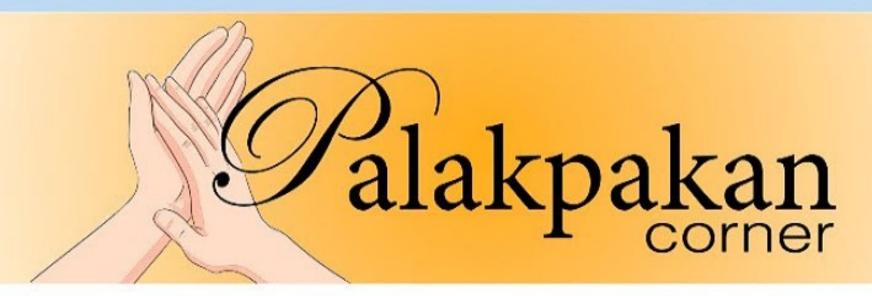
Prospective authors arealso encouraged to review copies of previous JNPARR issues on our website at http://mypnaa.org/JNPARRHome.

### **EDITORIAL STAFF**

Leo-Felix Jurado, PhD, RN, APN, NE-BC, CNE, FAAN Associate Professor, College of Science & Health William Paterson University, Wayne, NJ Editor in Chief - email: The JNPARR@gmail.com

Nelson Tuazon, DBA, MSN, MAEd, RN, NEA-BC, CENP, CPHQ, FACHE
Chief Nursing Officer
Baptist Medical Center, San Antonio, TX
Adjunct Faculty, Excelsior College
Albany, NY
Managing Editor -- email: nelsonactuazon@gmail.com

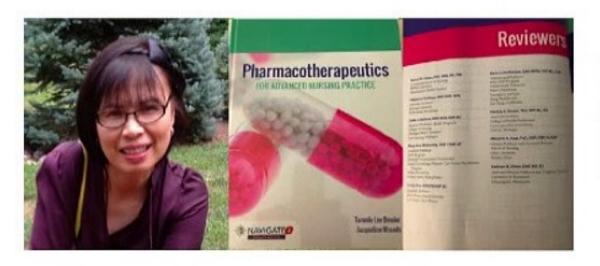
Rose P. Estrada, DNP, RN, BC, CPN
Asst. Professor & Track Coordinator Nursing Informatics, MSN Program
Advanced Practice Division, Rutgers, School of Nursing, Newark, NJ
On-Line Editor – email: rpestradapnaa@gmail.com





### JOANNA TRINIDAD

Joanna Trinidad, BSN, RN, WTA-C, CCRN has been inducted into the Lambda Rho-at-Large chapter of Sigma Theta Tau International (STTI) Honor Society of Nursing in July 2015. Her poster, "Best Practices for Reducing Catheter-Associated Urinary Tract Infections in the Medical Intensive Care Unit," co-authored with Elenita Quindoza, BSN, RN, CCRN has recently been selected for presentation at the 28th International Nursing Research Congress in Dublin, Ireland last July 27-31, 2017. Both are active members of the Philippine Nurses Association of America - Northeast Florida chapter. Additionally, Joanna is a recipient of the Edith Anderson Leadership Education Grant from STTI and has volunteered for moderator positions in three nursing research symposia and special sessions during the Congress.



### DR. MERLIE RAMIRA

Congratulations to Dr. Merlie Ramira as Book Reviewer! PNAA RVP, Western Region PNASD Board of Director



### MELODY ORILLO

Congratulations to Melody Orillo, graduated from Colorado Technical University, BSN Magna Cum Laude Member PNAAZ East Valley Subchapter



### CRISTY LOU RIGRISH

Congratulations to Cristy Lou Rigrish, graduated from University of Phoenix, MSN-FNP Member, PNAAZ East Valley Subchapter



DR. DINNAH DIDULO

Congratulations to Dr. Dinnah Didulo, graduated PhD in nursing from University of San Diego. Her doctoral dissertation: Correlates of Diabetes Self-Management among Filipinos. Member, PNASD



Maryland Chapter (PNAMC)



# FILIPINO NURSES GLOBAL SUMMIT II & 11TH INTERNATIONAL NURSING CONFERENCE

January 25-26, 2018
The Blue Leaf Filipinas, Manila, Philippines
Accommodation: The Nobu Hotel (City of Dreams)

### Themes:

Global Summit: Planetary Health: Unite for Nation Building
International Nursing Conference:
Global Healthcare Innovations: Bridging the Chasm

For more information: PNAAInternational@gmail.com www.mypnaa.org



novate. Inspire. PNAA

# 39th ANNUAL PNAA NATIONAL CONVENTION

HYATT Regency JERSEY CITY on THE HUDSON

JULY 25- 29, 2018

NEW JERSEY AWAITS YOU!



at's New, What's Better, What's Next? althcare Riding the Innovation Tide:

Contact us: www.pnanj.org **PNA NEW JERSEY** Hosted by



### WALDEN UNIVERSITY

A higher degree. A higher purpose.

# ADVANCE YOUR CAREER & SAVE ON TUITION



ENROLL BY

12/31/2017

AND RECEIVE A

Plus:

Program specific grants!

(Excludes Nurse practitioner)

Exclusive savings for

Philippine Nurses
Association of America

### **CHOOSE THE PROGRAM THAT'S RIGHT FOR YOU:**

Nursing programs **accredited** by the Commission on Collegiate Nursing Education.

More than **80 degrees online**, including programs in nursing, healthcare administration, and health sciences.

Hundreds of **specialization options** to fit your needs and goals.



By earning your advanced degree from Walden Universi an experienced leader in healthcare education, you can make a greater impact on your career, your patients, and



Learn MORE

I-855-59I-7858 • Walden U. edu/PNAA

**CONTACT YOUR LOCAL WALDEN REPRESENTATIVE:** 

Kim LaMontagne • 603-479-2415 • kimberly.lamontagne@waldenu.edu